

SPIRIT

Studying at Chan Sui Ki

Studying at Chan Sui Ki is more than just obtaining knowledge from textbooks. It's a milestone in my personal development. I spent 6 years studying here and I was given lots of opportunities to learn and grow. The education I received here is comprehensive and I grew up a lot.

To start with, in CSK I had the chance to explore my own hobbies and potential. There were so many extra-curricular activities for me to take part in and experience. When I was in the junior forms I took part in the cross-country team but I found that it was difficult for me to excel at sport. Fortunately, in the senior forms, I took part in drama, which eventually became one of my hobbies. In the drama club, gratefully, I learnt a lot about drama and life from my drama instructor, made great friends and had some of the most memorable moments in my life which will never fade. I also discovered my interest in stage performance. Particularly in F5, I was elected the club chairman, acquiring skills which I'm sure will always be useful in the years ahead. Drama was a big part of my secondary school life, adding colour to my life.

Besides, staff and teachers at CSK took good care of me in both my studies and well-being. Teachers were so attentive to my study needs, as well as my classmates', and were more than eager to help in order to make sure that we took the right learning path and went at the right pace. I couldn't thank them more for their help at the completion of my secondary school studies. In the senior forms, I hit one of the lowest points in my life due to some personal issues. It was the teachers and staff here who raised me up. I wouldn't have weathered the hard times without them. I am thankful to have met them here in CSK.

Also, I made some of my best friends here in CSK who were always by my side in both good times and bad times. Honestly, these 6 years were pretty tough for me, especially when I was facing the demanding public examinations. The students would inspire and push each other to work harder. With them I felt empowered to accomplish more.

However, in retrospect, I wasn't active enough in extracurricular activities and made a limited contribution to my school. One thing I learnt in CSK is to ask "What can I offer?" instead of "What can I receive?". With this attitude I would have accomplished more.

As the saying goes, "you are what you are today because of the choices you have made". I will always be grateful for what Chan Sui Ki has offered me for the past 6 years and for their contribution to who I am right now. I will keep progressing with the attitude I have cultivated in CSK - "never say die".

Chan King Ho, Akuma (2017DSE Results 3x5**2x5*)

My Experience in CSK

There are a lot of incredible things about CSK and my Hong Kong experience. I have to admit that when I was getting ready to leave Mexico, I was terrified of going to a completely different and unknown place, without knowing anyone, and thousands of kilometers away from my home.

Then I arrived in Hong Kong and I completely fell in love with everything here, for example, the food, the people, the city, the language, the transportation, the culture and the school.

I've felt at home since my first day here.

My first day at school was really nice. The welcome was really warm and everyone was so nice to me.

In CSK, the sense of community is incredible. There's always someone to talk to, someone to make you laugh and you can make new friends every day.

One of the things that surprises me the most is that you never get bored. There are always activities going on at CSK, such as the athletics meets, swimming gala and inter-school competitions. Time flies.

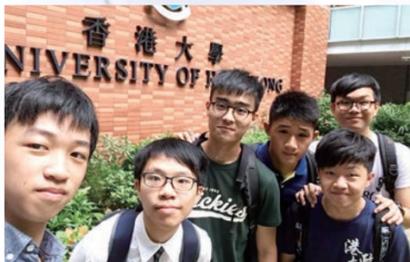
A year has passed in just a blink. I now realize how much I will miss my new home here. I will always be a boy in red and feel proud to be a part of the CSK community.

Thank you Hong Kong for having me and being such an amazing city. I feel blessed for having been here.

I am so glad and grateful for having spent the best year in my life here at my second home.

Thank you CSK for giving me this amazing experience.

Thank you all, teachers, students and staff, for being an amazing group of people.



校際保齡球團體賽冠軍

港島及九龍地域中學校際比賽——中銀香港保齡球盃早前圓滿結束，男子組戰況相當緊湊，最終陳瑞祺喇沙書院以1637分，僅以5分之微擊敗對手奪冠。成軍未及兩年的陳瑞祺喇沙書院保齡球校隊首度封王。

陳瑞祺喇沙書院保齡球校隊，去年已取得團體賽第六名，今年即贏得團體賽冠軍，全因三子余溢晉、陳灤行及吳冠衡發揮穩定。陳灤行賽後興奮地說：「感謝李丁亮校長及黃德誠老師的支持與鼓勵，同時期望這次冠軍能吸引更多人加入校隊感受保齡球樂趣。」三子都感到非常開心，因為第一次嘗到冠軍的滋味。而於隊制賽獲得最高分的余溢晉更表示這是屬於球隊的里程碑：「感覺非常特別，我認為這次奪冠的原因是在於我們團結的精神，我們僅是中四生，未來尚有兩年的保齡球之路，奪冠是一個巨大的鼓舞。」

團體賽與個人賽不同，個人賽輸贏僅需對自己負責，但團體賽分數則是大家一齊「」。吳冠衡對此感受很深：「今次團體賽，我頭兩局取得全隊最低分數，全靠隊友支持，最終獲取冠軍，使我體驗到合作的重要性。」

此外，我校保齡球隊亦於3月份參加第18屆全港學界保齡球公開賽，三子陳灤行，蔡子俊，余溢朗最終取得三人賽第四名。三子均感到非常開心，認為是一個巨大的鼓舞。另外，保齡球隊亦參加大大小小的保齡球比賽，不斷吸取比賽經驗，為日後比賽作好準備，加上球員努力練習及學校的經濟資助，相信我校保齡球隊能繼續在學界獲取佳績。

5C余溢晉



LASALLIAN



CHAN SUI KI (LA SALLE) COLLEGE

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Drama Club

I am Gavin Wong from 6C. I was the Chairman of Drama Club last year. Last year, we had a hard time but it was an unforgettable year for me.

My committee members gave me the greatest support during the rehearsals. Drama is a thing different from studies. It taught us to cooperate and stay calm always. We treated each other like brothers and believed in one another. Together we overcame a lot of difficulties and got the job done. Members treated every single rehearsal seriously and I could see their passion in their eyes.

Last year, our show was about a teenager's attempt to express truly his feeling to his father and to cope with his relationships with others. We wanted to let teenagers know they should always express their feelings to their family members through respecting one another.

Our hard work paid off. We received several awards at the Hong Kong School Drama Festival, including the Award for Outstanding Script, Award for Outstanding Stage effect, Award for Outstanding Cooperation, Award for Commendable Overall Performance. Nine of our actors were given the Award for Outstanding performer

All committee members bore loads of pressure and workloads. It is never easy for students to organize a show. Many old boys gave us their support and taught us professional skills too. We also received support from the principal who helped us book the Venue. Finally, we completed this big task with our persistence and enthusiasm.



ESPRIT

THAT MEANS SPIRIT IN FRENCH,
WHICH IS WHAT WE ALWAYS INSIST ON.

ACCOMPLISHMENT

瑞祺特色

六年如白馬過隙，猶記得甫進校門的那一天，只時刻盼望著放學的鐘聲響起；六遍寒暑轉眼即逝，小伙子在接過畢業證書之際，方驚覺師長所言不虛，只望象徵離校的鐘聲永不響起。誠然，世事非盡如人意，時間的步伐是無情的、是冷酷的、是不帶一絲溫暖的，小伙子再也不是小伙子，縱使面上早已收起昔日的不羈，卻也挽回不逝去的時間，只能收拾整頓繚亂的思緒，踏進名為大學的校門。

儘管老師的諄諄教誨早已拋諸腦後，但人與人之間的相處片段卻仍然歷歷在目，要數陳瑞祺（喇沙）書院最為特別、讓舊生引以為傲的特色，當數人與人之間的聯繫。縱向乃薪火相傳，

在校的師兄們在運動場上努力的背影映入眼簾，名為“瑞祺精神”的價值觀銘刻在師弟們的心中，連帶將拼勁的薪柴一脈相承。回想初中在跳高場時與師兄一同練習，一起跌過、失敗過，卻換來與師兄之間的緊密聯繫，儘管比賽黯然落敗，也無悔當初，只因盡力無悔四字已然瞭然於胸。放諸學習層面，畢業的師兄們也自願放下繁忙的工作，犧牲休息時間重返母校，以過來人身分為中六同學提出升學就業之意見，只冀為處於人生交叉口的師弟略盡一點綿力。而我有幸接受師兄們的幫助，近至上屆的師兄、遠至數十年前畢業的甄偉政醫生，讓我能於放榜前後諮詢師兄們的意見，幫助我順利升讀理想學系。而橫向的聯繫在於老師與同學以誠相對以及同學之間的肝膽互照，老師與同學猶如朋友般坦誠相待，使得同學能分享自己學習上的困難，好讓老師能適當調整學習進度，有利同學們的學習進程；而課堂外，老師更會與同學在運動場上同場競技，增進師生友誼。亦師亦友的關係，好讓同學不論學習、生活上均能敞開心扉，尋求老師們專業的意見，避免誤入歧途。就如我在初中時期曾考獲倒數十數名的成績，幸能得到老師以友人的身分提點，方使我不致於一蹶不振。而在陳瑞祺內，同學之間更會以兄弟互稱，彼此無所不談，尋得心靈上的支持。就如中六的那年，不少同學連日挑燈夜讀，不堪文憑試的沉重壓力，萎靡不振、失眠等屢見不鮮。幸得同學間的互相扶持、打氣，方能使我們跨過一個又一個的難關，以昂然姿態迎戰公開考試。同學們彼此之間無私地分享各種應試技巧也幫助我們在文憑考試中旗開得勝。

此外，陳瑞祺對於培養同學興趣也有不可磨滅的功勞。學校採取自由開放的政策，讓同學能參加不同種類的課外活動。初中時的我未有任何特別的興趣，只知窩在家中通宵達旦的玩電子遊戲，其後接觸了田徑，才摒棄當初的陋習，更加入了跳高隊，挑戰自我。而在高中時我決定嘗試靜態的活動，於是同時加入風紀隊、擔任學會主席、在校刊部撰文等的課外活動。而我在當中更發掘到自己鍾愛撰稿的興趣，現時也在大學處理相關職務。此等全歸功於母校學業課外活動並重的政策，才可讓我們在苦悶的學習忙裡偷閒外，也能覓得屬於自己的興趣。

當初的小伙子在文憑試考獲佳績，接受了來自師長同儕之間的祝賀，稱讚他努力耕耘始能結出豐碩的果實。然而小伙子卻認為，此番收成絕非其一人之力換得，乃眾人之力也。在此，小伙子盼望在學中的師弟能把握當下每秒，活出燦爛的中學生活，即便時間的步伐再冰冷，也能於每一秒間滲透人與人之間的溫暖；並期待有更多的同學加入陳瑞祺（喇沙）書院的大家庭，成為以後的小伙子，在學業的道路上成就非凡之餘，也能在人生的白紙上添上斑斕的色彩，確立自己未來的目標以及方向。

侯爵丞（應屆文憑試4x5**2x5*1x5）



文化週

一年一度的文化日都是每年中文學會重點活動。每年度的文化週都有著不同主題，各有特色，而今年文化日的主題則為「中韓文化」。活動當天設有不同的攤位遊戲及展板，希望各同學和老師在享受遊戲之餘亦能對於中韓兩國有更深入的认识。

我們還加強師生的互動，在文化日當天，特意邀請了校長、老師和同學穿上中韓兩國傳統服裝，為我們進行角色扮演。這樣一方面能促進師生兩者的交流，另一方面還掀起了整個文化日的高潮，當日所有同學的反應比預期中的還要熱鬧，所有師生都表現得十分踴躍，為我們辛苦籌備的文化日畫上了一個完美的句號。

最後我真的十分希望這個一年一度的盛事能一直延續、傳承下去，為學校帶來多一點的歡樂，為師生帶來多一點的交流機會，促進學校的聯繫和歸屬感。

2016-2017年度中文學會會長
五丙班 吳哲朗

CULTURE



English Debate Team



I have always been one of the best in English since I entered this school, but I never expected to be invited to join the English Debate Team. At first, I thought debating was a boring thing and it was too hard for someone like me to do, but the fact is, it is exciting and is something that I am actually good at. My coach and my class teacher, Miss Lee, saw my potential and ability in debating, so she invited me to be a member of the team. I wanted to refuse but I told myself "I cannot turn down an opportunity for me to learn more.", thus I accepted the invitation.

After gaining some experience, I found success in this field. I won a number of awards for CSK, bringing glory to our school while developing a sense of responsibility and leadership through debate. Miss Lee is a very strict coach who always pushes us to our limits and also gives us the unlimited support and opportunities that we are looking for. Thanks to her, I have had the chance to play the most important role, the Captain of the team. At the beginning, I was nervous and didn't have a clue about what was going on during a debate. I still

remember being speechless on the stage and letting my teammates down in my first ever match as a captain. Although we won in the end, I was still determined to work harder as a leader. With the continuous support of Miss Lee, I have gradually become a better captain who is responsible and reliable.

At the same time, I decided to put my name forward as one of the Vice-Presidents of the Students' Association to try to contribute to CSK more, and possibly find room for improvement for myself as well. After being successfully elected as a Students' Association member, I knew the year was going to be tough and it would require hard work, so I urged myself to be more mature and be prepared to face tough situations. Throughout the year as a Vice-President, I organized a handful of activities for our students, such as the Christmas Ball and the Summer Camp. The process was certainly memorable and fun, but it was also a nightmare for me. I spent so much time and energy completing my duties in the Students' Association that I was completely exhausted. But I never regretted my involvement. Why? Because I benefitted a lot. I learnt new things such as managing different resources, organizing certain events properly, communicating with others with manners and politeness, and most importantly, representing our school with pride. Besides, I could also further strengthen some skills that I have learnt from debating, such as leadership and being responsible to my schoolmates.

These skills are something that I didn't expect to achieve when I was a 13-year-old boy. Looking back on these few years, I really regret not doing more and trying as much as I could when I had the chance. Now, the countdown to the end of my secondary school life has started, I cannot do much but only study and do revision every day. I really wish I could have done much more in my secondary school, to try to develop as much as I could, explore as far as I could. Because this is the only place where you can talk about your dream and have countless opportunities.

It is too late for me, but I'm sure, it is just the very start for you.

Poon Shui Sung, Merton 6C

STEM

「八達通育苗展才——智慧香港藍圖2027」 手機應用程式設計比賽 高中組第二名得獎感受 潘子洋

這次的2027香港智慧城市程式設計比賽是我第一次參加類似的比賽，回想當初老師邀請同學參加比賽時，我抱着志在參與，累積經驗的心態報名參加。之後在製作程式的過程中，我遇到不少困難，例如我是首次製作遊戲，所以我要自行上網尋找不同的教學資料、亦由於時間緊迫，我也犧牲了休息和玩樂的時間來「趕工」，而能及時交上程式實在令我鬆一口氣，最後獲得不錯的成績，更令我受寵若驚。

總括而言，這次參加比賽令我獲益良多，不但讓我加深了對程式設計的認識，還令我的自學能力有所提高，的確不失為一個寶貴的經驗，對我的成長也有很大的幫助。如果各位同學有機會報名參加不同的比賽，不要害怕失敗，不要怕輸，而是要勇於踏出第一步，積極參與，讓這些經驗累積成為你往後成功的鋪墊。

"Octopus Kids' Nurturing Programme – Smart HK Blueprint 2027" Mobile Application Design Contest Champion of the Secondary Senior Category

I am Jerry from 5D. Last year, my classmates and I participated in a competition about writing a program. The theme of this competition was "Smart HK Blueprint 2027". It was about using a mobile app to illustrate Hong Kong in 2027. To me in the future, electric cars will replace gasoline cars, so I wrote a mobile game aimed at introducing and promoting electric cars to the public. I think Hong Kong has severe air pollution and the reason behind is pollutant produced by cars. And I want to let more people learn the advantages of electric cars, so they may drive electric cars instead of traditional cars in the future.

I used the Construct 2 which is a programming language for mobile games. The reason why I used this programming language is that the school provided a course for the students who were interested in programming using this language. If I had not joined this course, I believe that I would not have had a chance to win this competition. So, I am very grateful that my school provided this course for us. Besides programming, I also needed to present my game in front of the judges. So I also learnt some presentation skills in this competition.

Winning the competition gave me the chance to travel to Japan to learn more about Science. And the most impressive place that I visited was the headquarters of Sony. Sony does not usually allow people who are not employed by the company to enter their headquarters. So this was a once-in-a-lifetime opportunity to visit this place. I enjoyed the visit very much.



Hong Kong Olympiad in Informatics 2016/17

Ten ICT students joined the Hong Kong Olympiad in Informatics 2016/17 and five of them entered the final. Finally, Yam Ho Kan (6D) received a bronze medal in the senior section. We would like to congratulate Ho Kan on his success in the Hong Kong Olympiad in Informatics (HKOI) and thank all participants for their hard work.