



CHAN SUI KI (LA SALLE) COLLEGE

陳瑞祺(喇沙)書院

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Words from the Chief Editor

6A Man Chi Hang

This is the first issue of this year's newsletter. Our school newsletter has a new English name, CSK Pulse. Also, colour-printing is used so that it is more attractive and interesting. I hope all of you enjoy it. Boys in red, read Pulse!

祺粹

CSK Pulse

Interview with the Principal

6A Yip Kai Hou



1. What are the differences between the students nowadays and the students in the past?

P: In early years most students were more mature and more independent due to the fact that families in early years were not rich and students had to fight against hardship and poverty and most of them accepted a simple life and worked hard for a better future. On the other hand, because of better protection from the families and the community, students nowadays seem to be over-spoilt and they prefer a trendy life. However, they may not be strong enough to tackle problems and sometimes even try to escape from difficulties. About the similarities, they are of good potentials, clever and kind. They are willing to serve others and have a strong sense of belonging to the school.

2. What do you think about students following the trend of having gel on their hair, and wearing hollow trousers, etc.?

P: A school is built for all students and a good environment must be maintained for effective learning and teaching. A simple dress code and hair style will help all

students to learn more efficiently. Therefore we hope students can observe the school regulations and be good team members of the school. In fact, freedom of individuals must be based on respecting freedom of the others.

3. What do you think about the sports activities in CSK?

P: Our school is really good at sports activities and we are very proud of the results in many inter-school sports competitions which should be attributed to the devotion of the students and teachers. We should try our best to uphold our tradition in sports. We hope all our graduates will be strong in both academic and sports activities.

4. How did you have your revision when you were a student?

P: I used to keep on asking myself what the main idea in a paragraph or chapter was before I continued to the next. I also appreciate some students who make notes in revision. Sometimes, I found the use of a recorder in having revision on dictation or oral lessons very helpful.

5. Can you give some suggestions to our students? What do you expect from CSK students?

P: My vision is to make our school a moving school. Our students must be offered updated and all-round knowledge and skills so that their diversified potentials can be developed and eventually they will be capable of self-learning and can become competent persons in the community. Most importantly, our students must be able to learn in a school environment of care and love so that they will also have positive attitudes or values in their life-long learning process. In short, we hope our students will learn happily, communicate efficiently, innovate continuously and be responsible citizens.

Profile of Our New Principal

Name: Mr. Sze Kin Kwan

Secondary Education: Queen's College

University Education: Chung Chi College of The Chinese University of Hong Kong

Qualification:

Chung Chi College of The Chinese University of Hong Kong

Bachelor Degree in Social Science from The Chinese University of Hong Kong

Diploma of Education from The Chinese University of Hong Kong

Diploma in Business Administration from The Chinese University of Hong Kong

Master Degree in Business Administration

Year of joining CSK: 1972

李艷明老師及謝綺玲老師專訪

中四戊 郭康祐
中四戊 黃逸強

小記在這次訪問中，訪問了兩位剛剛誕下 BB 的老師，她們是謝綺玲老師和李艷明老師。

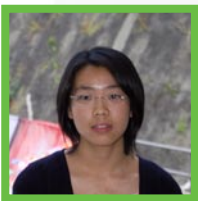
當初她們發現有BB的時候都既驚且喜。謝綺玲老師在起初比較緊張，幸好身體上沒有太大不適。但初期經常發脾氣，後期則每天提心吊膽，不知孩子何時會出世。李艷明老師則覺得在懷孕4個月時感到疲倦，之後，因為已經習慣，所以感覺舒適了，她步行時會較慢，所以非常不方便。第二樣不方便的事就是在說話時間中會氣喘。謝綺玲老師在分娩的時候有先生陪產，覺得很安心，也很感動。而李艷明老師在分娩期間沒有覺得痛楚，因為她是用剖腹的方法取出嬰兒的。她們的嬰孩都是男孩。李艷明老師為 BB 改的名字叫 逸聰，英文名叫 'Jerry'，意思是生活安逸和聰明伶俐，謝綺玲老師為 BB 改的名字則叫 朗朗，意思是希望他的性格開朗，就像天氣般晴朗。兩位老師都將會帶BB們到CSK。

謝綺玲老師還認為身為一個母親，很難對自己的兒子嚴格，相對地會較寬鬆。但是身為老師，對學生則會比較嚴格！

最後，本報非常感謝李艷明老師同謝綺玲老師抽空接受訪問。

Interview with New Teachers 6A Yip Kai Hou

This year, a total of 7 new teacher have joined CSK. Here is their personal information.



Name: Ms Chan Ka Man, Kaman
Major: Mathematics and IT Education
University attended: The Hong Kong University of Science and Technology
Subject taught: Mathematics, Computer Literacy
Reasons for joining CSK: The school puts much emphasis on sports

Name: Ms Viki Kwok

Major: BA(Hons) in Contemporary, English Language
Subject taught: English, Computer & IT
University attended: Information not provided

Reasons for joining CSK: CSK has a good reputation. News report reveals that Boys in boys' school may have better academic achievement in English.

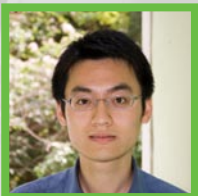


Name: Ms Poon Pui Wa
Major: Biology
University attended: The Hong Kong University of Science and Technology
Subject taught: I.S., Biology
Reasons for joining CSK: Good reputation.

Name: Mr. Vong Kam Veng

Major: Physical Education & Sport Science
University attended: The University of Hong Kong
Subject taught: P.E., Mathematics

Reasons for joining CSK: There is still room for improvement in sports in CSK.



Name: Mr. Lee Wing Yin
Major: Computer Engineering
University attended: The University of Hong Kong
Subject taught: Computer Literacy, Mathematics
Reasons for joining CSK: Good ethos.

Name: Ms Ho Oi Lam

Major: Business Studies
University attended: The Hong Kong Institute of Education
Subject taught: Principles of Accounts, Business Studies, and EPA
Reasons for joining CSK: Good reputation.



Name: Ms Shek Lai Ling, Canly
Major: Chinese Language, Minor :Chinese History
University attended: Lingnan University
Subject taught: Chinese, Chinese History, and Putonghua
Reasons for joining CSK: Substitutes Ms Tai Yuen, who is on leave, for 1 year.

學界越野賽 — 長跑隊黃羽成的賽後感

七甲班 黃羽成



「只要未到達終點，都不能夠放棄！」，這一句我們經常聽到的訓話、代表著陳瑞祺精神的格言，在二零零五年十一月二十一日這一天給徹底做到了。我校在學界越野賽第一組別中勇奪全場總亞軍。

眾所周知，我校曾經在學界越野賽中創造了五連霸的佳績，但後來隊員疏於練習，導致成績急劇下滑。但近年，我校隊員積極練習，以致成績有所改進。在今年賽前，我們的目標是擊敗喇沙及拔萃等名校，奪取全場總冠軍，再一次重振陳瑞祺聲威。雖然最後我校不敵長沙灣天主教中學屈居亞軍，但卻壓倒喇沙、拔萃。在賽前，並沒有任何人會預測到我們的成績，所以在賽後其他學校也被我們嚇了一跳。在是次比賽中，我們的實力並不是最好的

，甚至比喇沙及拔萃等學校還差，但我們的鬥心卻一定是最強的。我們在比賽中為之而拼命的並不是個人的榮譽，而是「陳瑞祺」這三個字的榮譽。我們可以忍受在酷熱的天氣下練習，可以忍受刺骨的寒風，也因為我們對陳瑞祺的歸屬感，無論在任何時候，我們也以身為陳瑞祺的學生而自豪。陳瑞祺給予我們很多的快樂及回憶，而我們就有義務去為它爭取所有榮譽。

我們深信只要團結一致，帶著守護學校榮譽的決心，必定能在下年學界越野賽中奪得全場總冠軍，證明陳瑞祺的長跑隊是全香港最強的！

Reception Day for Primary School Visitors 九龍城區中學巡禮

6A Wong Man Lung

Though no students needed to go to school on 26, November 2005, Saturday, still quite a number of students went back to school. Why? It was because of the reception day for primary school visitors. The visit was organized by the Federation of Parent-Teacher Association of Kowloon city district. The visit aimed at providing parents with a clear picture of different secondary schools. This could help them to be prepared to choose the school that is suitable for their sons.

In view of this important event, both parents as well as teachers were present to tell visitors about the history of our school. The visit started from 9am to 5 p.m.. But before the reception day started, student helpers had already prepared some display boards to show details of our school. What's more, the school deliberately displayed all the school magazines. Some of them were even over 30 years old!

The first batch of visitors arrived at about 9:15am. Student helpers as well as teachers welcomed them at

the entrance. They first went to the school hall to watch a video show about our school. After that, student helpers took them to visit the campus. Most of them were surprised by our school facilities. Finally, they went downstairs to the covered-playground to take a glance of the display boards prepared by students. The display boards showing the activities of our school attracted many visitors. But most of them, especially their primary six children, were deeply interested in the aerospace models which were provided by Mr Lui Kin Chuen (an old boy of our school). When visitors asked about the models, he would tell them in details. Actually,

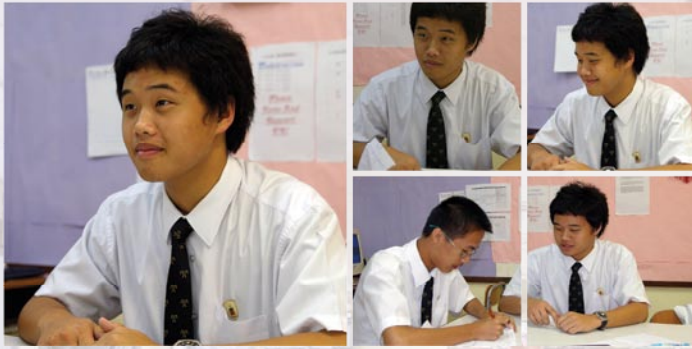
most of the children were fascinated by those models. Student helpers and parents were willing to answer the visitors' questions. When they were hungry, they could have a chance to have a delicious lunch in the canteen!

The visit ended at 5 p.m. successfully. On the whole, visitors were satisfied with the arrangements of the school. The success of the day was not only attributed to the help of student helpers, but also the support of parents and teachers. Without their invaluable guidance and support, the reception day would not have ended so successfully.



AN INTERVIEW WITH DARREN CHEUNG, CHAIRMAN OF THE STUDENT ASSOCIATION

6A Wong Man Lung



I am so delighted when Express was successfully selected, as we won under keen competition.' remarked by the new chairman of the SA, Darren Cheung. We interviewed him a few weeks ago.

Perhaps some may wonder why they use Express as the name of the SA. According to what Darren said, the words do not only have a special meaning, but also an interesting explanation. If the capital letter E is reversed, then it resembles number 3 which means 3 fields related to studies, sports as well as the sense of belonging. By organizing a variety of activities, he believes students will improve in those areas.

The Students Association will organize many activities in this academic year. Big events will include selling clothes at the covered-playground, a welcome party for F1 students, the inter-school Christmas Ball with Pool To Middle School, etc.

Taking up a post in the Student Association is quite a hard job, because he has to strike a balance between his studies and his work.

'Nevertheless, I benefit from the Student Association as I can meet different students when they become members. Besides, I can learn how to co-operate with others as well as widen my horizon. Also, this can help me improve my time management.' said Darren Cheung.

He promised that the SA would try to provide excellent services to students in order to thank them for voting for 'Express'. "Being a member of CSK, I must try my best so that activities organized can benefit both the school and students.' he added.

Introduction of The CSK New Building

4D Chan Kwan Hang, Kris

In order to provide more rooms and facilities for students, a new 9-storey building has been built. The construction of this building lasted for two years.

At the new covered-playground on the ground floor, we can find some tables for table tennis next to the entrance. Three new rooms can be found in the general office. One of them is the conference room. On the second floor of the new building, there are two rooms, CAL room and CAL preparation room, opposite the library. There are about forty computers in the CAL room. The third floor of the new building is the new staff room; there are forty seats in this room. The staff common room is next to the Language Room on the fourth floor. Teachers can have their lunch there because there is a big table and a television. On the fifth floor, there is a new music room. There is an activity room for students on the eighth floor. The Chinese debate competition will take place there.

Now, the vice-principals and some senior teachers have their own rooms. The vice-principal rooms are on the second floor. The careers mistress room is on the fourth floor and the ECA master room is on the fifth floor.



Newspaper Publication

Teacher Advisors:

Ms. Y.M. Lee, Ms. S. Y. Hung

Committee Members:

Chairman	Man Chi Hang 6A
Vice-chairman	Tseung Wai Kit 6A
Secretary	Ling Fong Yuen 4E
Treasurer	Yip Kai Hou 6A
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