

Q I S U I 2003 - 2004

NOVEMBER 2003

INSIDE THIS ISSUE:

MISS Y. M. LEE GOT MARRIED! 2

THE SPEECH DAY 2

NEW TEACHER MS. KATIE LAU 3

NEW TEACHER MR. ANDY TSE 4

NEW TEACHER MS. K. M. CHIU 5

MS TSE 健康之道 5

NEW TEACHER MR. S. C. POON 6

SPECIAL POINTS OF INTEREST:

- How does Ms Y.L. Tse keep fit?
- How is our new vice principal?
- Do you want to know more about new teachers?
- Details of the Miss Y.M. Lee is marriage are here!

OUR NEW VICE PRINCIPAL

CHAN KIN PONG (6A)

After Mr. C. K. Law, our former vice principal has retired, Mr. K. K. Sze becomes our new vice principal. How much do you know about him? I think most of you will say, 'very little.' In order to let our fellow student know more about him, we have conducted an interview with him.

A little about himself

P: Mr. K. K. Sze R: Reporter

R: Let's get started. In which year did you start teaching in CSK?

P: I started teaching in CSK in 1972.

R: Which university did you graduate from? And what subjects did you study?

P: I graduated from the University of Hong Kong and I studied Geography as my major subject and Economics as my minor subject.

R: Which subjects are you teaching at present?

P: I mainly teach Economics and Business now.

R: When did you know you would be the school vice principal? What was your first feeling when you heard this?

P: I knew this news in May last year. My first feeling was a little nervous. As you know, the workload of a vice principal is very heavy and very stressful, I was worried about whether I could handle it. From now on, I think I have to handle the pressure.

His view of CSK

R: What do you think about the teachers and students in CSK?

P: I think the teachers are very responsible and helpful. Because of their help, I can adapt to the work faster. The students are very active. But they have to think about the time arrangement carefully, as I think some of the students spend too much time on extra curricular activities. They should choose a suitable amount of activities.

R: How about our school? Which part of the school should be improved?

P: In general, the school equipment can satisfy the need of the activities. But there should be more special rooms for special events. I hope the new building will provide more area for this.

His target

R: What is your main target?

P: As the main work of the vice principal is to help the principal to achieve his targets, I will help the principal to achieve his target. Recently, our target is to adapt to the new educational system as soon as possible and elaborate it to provide quality education for our students. Although some people think that the new educational system is not so good, I believe that after we are accustomed to it, the students will get more benefits from it.

His memory

R: So in your years in CSK, do you have any memorable or unforgettable things to share with us?

P: I remember that in the early

years of my teaching career, I had to teach five Form 3 classes Geography in the same academic year. That year, I had to bring different classes to the same destination in three days. After the trips, I became very familiar with that place. But I didn't think it was a boring job. On the contrary, I enjoyed this very much as I could understand the students more and had fun with them. It was quite special. I think I will not forget these three days.

R: Is there anything that you hope CSK can accomplish?

P: After finishing the construction of the new building, our school facilities will be improved. I hope our school can become one of the most famous colleges in Hong Kong. And I believe that we can accomplish this aim.

After the interview, Mr. Sze gave me an impression that he is a kind and humble teacher. As I asked him, 'Is there any student that gives you a feeling of pride?' He said 'Success is not only one person's contribution. It is based on many teachers' effort. Undoubtedly, students should work very hard if he wants to get a good result.' It is so lucky that we can be taught by such a good teacher.

MISS Y.M.LEE GOT MARRIED!

Our English Teacher, Miss Y.M. Lee has got married! It is believed that many schoolmates feel surprised about the news.

The wedding ceremony was held on 2nd November. On that day, The Principal Mr. B. K. Lee, Mr. Hong Mr. C.C.Or, Miss S.Y. Hung, Miss F. Lee Mr. K.T. Yu, Miss W.L. Leung, Mrs. Mak Tse, etc attended the ceremony.

Although the wedding ceremony was held within the period of the uniform test, many students went to the City Hall to celebrate her marriage. There were even old boys among them! This really shows that Miss Lee is very popular in the school!

The official wedding ceremony started at 2:30pm.

During the ceremony, Miss Lee, together with her lover walked to the hall step by step. When asked whether she was willing to marry him, she said, "yes" undoubtedly! Then the officer pronounced them man and wife. After receiving the certificate, Miss Lee and her husband kissed each other! At that time, the entire audience gave a big hand to the new couple!

So, who is so lucky enough to have Miss Lee as his wife? The lucky man is called Au Chi Wai. He is an engineer. When asked why she fell in love with Mr. Au. Miss Lee said that Mr. Au treated her very well and was obedient to his parents.

Then, How long did they prepare for the wedding

MA CHUN SING(6A)

ceremony? Miss Lee said she had spent nearly one year to prepare for the ceremony!

Miss Lee said that she would not have children very quickly. Then we asked her how many Children she preferred to have in the future. She said she would first see whether the first child was naughty or not.

We hope that Miss Lee and her husband will be happy forever!!!

When asked whether she was willing to marry him. She said, "yes" undoubtedly!

THE SPEECH DAY

Speech day is one of the most important festivals of Chan Sui Ki (La Salle) College. This year, the speech day was held on 21st November. The whole prize-giving ceremony was divided into two parts on that day. All the subject prizes, position awards, HKCE English awards, reading scheme awards, speech and Music festival awards as well as improvement awards were distributed to the winners in the ceremony. Although the morning session of the ceremony took about two hours, all the students showed great respect.

In the morning session our former teacher Mr. P. O. Lee was invited as the guest of honor. When Mr. Lee entered the hall, all the students gave a big hand to him for his patient teaching in the previous years. At the end of the ceremony, Mr. Lee congratulated all the prize-winners and encouraged those who could not obtain any prize to work hard. He believed that if they work hard, we would see another groups of schoolmates winning prizes at the prize-giving ceremony held next year.

Before the end of the morning

session, Mr. C. C. Or announced a piece of good news to us. He said that the result of our schoolmates in the public examinations was very satisfactory compared to the previous one. This shows that the academic result of our schoolmates is improving!

The second part of the ceremony was held at 6:00pm. At 5:00pm, guests, graduates and parents began to enter the school. In the 2002-2003 academic year, over 250 students graduated. At the beginning of the second part of the ceremony, the school choir led by Mrs. E. Chan sang the school song as the prelude of the ceremony. Then our School Principal, Mr. B. K. Lee read out the recent school reports for the guests and parents. The report included the academic result of our schoolmates in the recent Hong Kong Certificate examination and the Hong Kong Advanced Level examination. Our students showed great improvement. Then, Mrs. Margaret Law distributed the certificates to the Form 5 and Form 7 graduates. After that, there were a lot of programs to entertain the guests. First, Choi Ka Yu delivered a speech to the audience.

MA CHUN SING(6A)

It was followed by a solo verse speaking by 4E Lam Chin Yat. Then our school choir sang a song for celebrating the ceremony. Finally, Our school wind band had a musical performance. All the audience gave a big hand to the performers.

After distributing all the prizes and certificates, Mr. C. K. Law, the guest of honor of the ceremony, spoke a few words to the audience. He hopes that Chan Sui Ki (La Salle) College will become one of the well-known schools of Hong Kong.

At the end of the evening session. The Form 5 graduates stood up and sang the school song. Although many graduates are now studying in different



OUR NEW TEACHER—MS. KATIE LAU

Ms Lau, Katie Lau, a new teacher in CSK, is a graduate majoring in English from Hong Kong Baptist University. Here is a question you may ask, "Have she worked before being a teacher in CSK?" Yes. She had worked in the bank sector for about 2 years before joining our school. She told us that she really got a good experience at that time.

But while we were having the interview with her, we discovered that Ms Lau is not a very active person. She likes reading books and watching TV at home. She likes and enjoys family life. So if she wants to know what happens around the world, the best way is to watch TV. Nevertheless, she also likes some outdoor activities, for example, badminton.

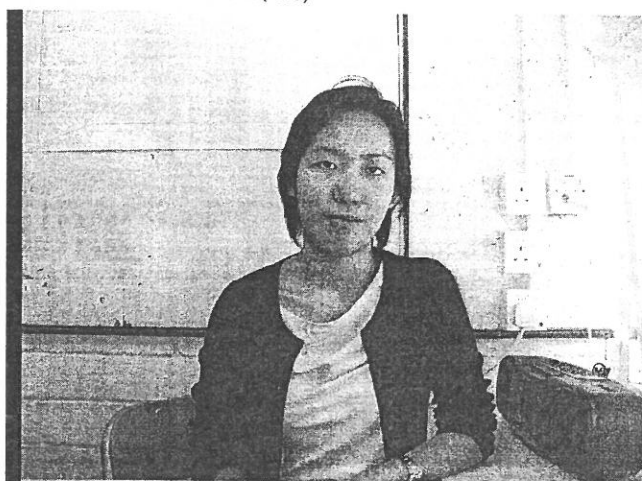
Even though Ms Lau majored in English, she teaches Economics and Public Affairs (EPA) in our school. She believes that EPA can let students know more about our society. Nowadays, many students don't care about society. They just keep playing computer games, ICQ and don't really care about their future. So she wants to help them develop a positive and serious attitude towards their life. Apart from playing computer, Ms Lau believes that students should join more extra-curricular activities.

Ms Lau said CSK was like her secondary school, St.

Mary's Canossian College in some ways. Both schools were founded by Catholic organizations. That's why she chose to apply for a job in CSK. Although she likes this school very much, she also agrees that some students need to be more serious and they have to respect teachers more. She is very disappointed with the students who do not pay attention in class. She understands that there is a lot of attractions around them, for example, ICQ, computer games, ball games, etc. However, they should not just be concerned about the entertainment, but also need to think about their future. She advises us not to play all the time. We should have a time table in order to make full use of our valuable time. That means you can enjoy having activities that you like outside class. At the same time, you have to pay attention in class. On the top of that, she told us if we have any problems or difficulties, the most efficient method is to try to overcome them step by step. "If you don't work hard now, you'll probably regret after graduation" she emphasized.

Ms Lau said she was satisfied with her relationship with the colleagues. Her feeling is that the teachers in CSK are nice, friendly and helpful. They are willing to help her. It's really good for her. In her opinion, though our school is small, it is well-

IP CALUM(4A)



Our new teacher—Ms.. Katie Lau

equipped. However, she looks forward to seeing the new building and having a chance to move to the new annex as well.

Finally, we wish Ms Lau happiness in CSK and she would like to share her own maxim here:

"Aim High, Dare to Try!"

Do you want to know more about Ms. Lau? She's in the Library's Server Room. You are always welcome to meet her in the room!

"Aim High, Dare to Try!" - Ms.

Katie Lau

OUR NEW TEACHER—MR. ANDY TSE

Mr. Andy Tse, another new teacher in CSK, is hired to replace our retired Biology teacher, Mr. P. O. Lee. He is a very attractive person. To let all of you know more about him, we have a short interview with him.

Why did he come to CSK?

He left that school and joined CSK since he did not agree to the new system of his previous school. He feels that CSK, in some ways, is quite similar to his previous school (DBS). Both are boy schools with special emphasis on sports. He thinks that our principal, Mr. Lee, is a sincere and kind person who trusts his ability. He feels that his capabilities can be fully exploited at CSK and he wishes to work at his full capacity here.

What is his first impression of CSK?

CSK is just like other secondary schools to him. However, it is much smaller than his previous school. He hopes that our school will become more spacious upon the completion of the school improvement project.

Why do the students pay more attention in his lessons?

In senior forms, students are more exam-oriented and so he has to focus on the main points, adhere closely to the curriculum and try to lessen their pressure by providing them with well designed-learning materials. "Once they feel my professionalism, they will trust on me and will automatically become attentive in class." In lower forms, students are more inquisitive and active and so he has to fill his lessons with fun to attract their attention. Producing funny computer programs is one

of his ways to provide a more interactive and joyful atmosphere for learning. "However, I have to keep a balance between fun and discipline."

Why does he like masked rider very much?

In his teenage, masked riders and ultramen were those that kids admired. "I prefer masked riders since they are more human-like." It's hard to believe that a human being can change to a giant though.

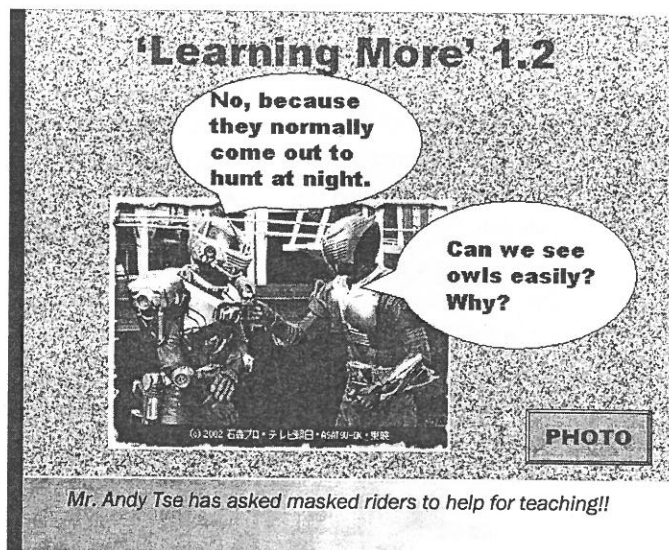
What is his expectation of CSK boys?

Through his teaching, he hopes that he can exploit the full capabilities of CSK boys since he feels that they have the potential to do well. Lack of confidence and fail to develop a solid plan for their future are the disadvantages of CSK boys. He feels that most of the boys still rely on memorizing texts as the major way of self-study and neglect the importance of understanding. CSK boys are not incapable but are studying in the wrong way. He hopes that he can correct their ways of study.

What are the differences between CSK and DBS boys?

From his point of view, boys of both schools are quite naughty. CSK boys are naughty in a more "superficial" manner whereas DBS boys are like their teachers in various ways. However, DBS boys have stronger self-control, more independent, and have better initiatives. They can organize various activities without much teacher supervision. On the other hand, CSK boys are less enthusiastic and require

LAM MING KI (6B)



teacher's push.

What is his hobbies?

He likes publication work very much. In his secondary school days, he was involved in the publication of school magazines. And now, he likes to work at the computer, using various softwares in making educational programs. He also enjoys table tennis, playing guitar and watching masked rider series together with his son.

What are his words to us?

"No matter which subject you are pursuing, you must keep an inquiring mind and try to develop interests in that subject. You should not be too concerned about examinations that keep you nervous."

"I prefer masked riders since they are more human-like." - Mr. Andy Tse



Our new teacher—Mr. Andy Tse

OUR NEW TEACHER—MS. K. M. CHIU

Miss Chiu Kit Man, one of the new teachers who joined CSK this year, graduated from the University of Hong Kong majoring in Physics and Mathematics. Her interests are outdoor activities and hiking.

As her ambition was to be a teacher, she decided to find a teaching post in school after her graduation. And then, she knew that there was a teaching vacancy in CSK. That's why she joined CSK. At first she did not have a good impression on the students in a boys' school and she thought that teaching in CSK would be a hard job. But after a month, she found that we were different from what she had thought. She agrees that we are good students, but we still have many things to improve.

She wants to improve our classroom discipline in a short time. Other than that, she aims at making us grateful and success-

ful by helping us to build up a positive attitude on learning which in turn can change our view towards life. She believes that school life is valuable and we should treasure it. As a result, we should study hard and take part in more activities which are good for us. She advised us to be more serious when having lessons. She thinks that we are easily distracted and cannot understand the school works, so we cannot concentrate on work. That's why we are not interested in studying. She hopes that she can influence us and build up our confidence by helping us to get a sense of satisfaction from studying.

Yet she still has not got used to the atmosphere of CSK. She thinks that we would have a huge room on activities. She thinks that our school is quite well-equipped but the computers can run faster. She hopes that she can be firmer

and learn the teaching skills from other teachers.

At last, we hope Miss Chiu will have an enjoyable time in CSK. You are also welcome to meet Ms. Chiu in 2nd floor staff room!

LI HO YAN(4E)

New Year, New Design

After three months of preparation, the new issue of the school newsletter has been published!

This year, the school newsletters publication society has broken the tradition. We have added some new elements of designing so that our schoolmates can have a new impression on our newsletter. Also, in order to let our school become a well-known school in Hong Kong, we have decided to use English as the major language in writing articles. From now on, most of the articles in the newsletter will be in English. Moreover, we sincerely invite those who are interested in writing articles to send us your work!

Chief Editor

Ma Chun Sing(6A)

DO YOU HAVE SOMETHING SPECIAL FOR OUR STUDENTS? WRITE IT AND SEND IT TO F.6A MA CHUN SHING!

MS TSE 健康之道

CHAN TZE PAN(6A)

健康學會於上月十三日至二十四日舉辦了一年一度的健康雙週，我們校報會亦借此機會訪問了大家關心、上屆最受歡迎老師選舉的冠軍的謝綺玲老師，對同學在學校飲食習慣的意見和她的個人健康之道。

謝綺玲老師表示，從她的觀察所得，同學在小息時十分喜愛吃湯麵及高油份的食物，如咖喱角，炸雞腿，炸雞翼等。至於在午飯時最受同學歡迎的都是高油份的食物，飯堂的扒扒飯總是大排長龍，反而低油份多蔬菜的時菜肉片飯則受到冷落。謝老師亦表示，她每次都看見同學總是拿一大碟飯，所以以五穀類食物充足，而由於每

天飯堂只有一種蔬菜提供，所以以蔬菜則十分缺乏。她建議飯堂可提供多種蔬菜給同學選擇，希望同學可以養成多吃蔬菜的良好飲食習慣。她亦十分支持飯堂於本學年開始能售賣生果。對於同學不吃午飯儲錢的行為，謝老師不太讚同，「我身為學生時都有這樣做，但我並不認為這是健康的做法，因為同學必須吸取足夠能量，以供日常的體力消耗。如果同學要節省開支，應從其他方面著手而不應不吃午飯。」

我們亦就社會上減肥風氣訪問了謝綺玲老師，她表示：「事實

上體重與健康有一定關係，例如我有一段時間體重高於標準，膝蓋因負荷過重而出現毛病，在醫生建議下，我決心keep fit。不過我並不讚成只從節食減肥，我認為做運動才是正確的減肥方法。」在我們的追問下，謝綺玲老師亦透露了她的飲食及運動習慣。(見附表)

謝老師在運動減肥方面亦有其心得，「做完運動後不要立刻進食，最好隔一至二小時，因為運動後立即進食會特別吸收。另外同學亦應培養一些個人運動。」謝老師表示她對目前的成果雖感滿意，但還是希望可以更清減一點，以

謝綺玲老師的飲食及運動習慣

飲食習慣

1. 早餐以餅乾及水充饑
2. 午餐以菜為主，有時會吃豆腐或再加蘋果一個
3. 晚餐則飲湯及吃菜肉為主，避免吃飯
4. 控制食慾，多吃清淡，少吃煎炸食物

運動習慣

1. 暑假時以游泳為主要運動，每次游三十個塘以上，最少耗時1.5小時
2. 多行路，步行回家作為運動，假期時逛街也是一個好選擇
3. 打保齡球

OUR NEW TEACHER—MR. S. C. POON

Mr. Poon Shek Chung is the teacher who joined CSK this year. He graduated from Hong Kong Baptist University majoring in History. He is interested in playing basketball, watching movies and reading History books.

Before teaching in CSK, Mr. Poon finished a Teaching Course in the University of Hong Kong and was one of the teachers in Delia Memorial School and Kings Glory Educational Centre. This helped him to gain experience and build up confidence in teaching. However, he wanted to enjoy the actual school life. He decided to leave and joined CSK.

Mr. Poon teaches Junior Forms History and Chinese History. He has a good impression of CSK, especially our teachers. They are very helpful, respectful, easy-going and nice. He says that

the basic facilities in CSK are enough. Anyway, Mr. Poon states some serious problems we have, such as lack of cooperation in class. He thinks that we are not conscious enough when attending lessons and are easily influenced by others. But we also have some merits, for example, we are responsible and good at extra-curricular activities.

Mr. Poon aims at helping students to learn more during school. So he suggests some ways which help us to learn. He states that school life is valuable for youths. So we should be more active and improve our attitude on studying. He finds that many students think that going to school is their right and they don't treasure it. Mr. Poon says that school is just like the mirror of society and advises us to learn how to do better for our society. He

LI HO YAN (4E)



Our new teacher—Mr. S. C. Poon

points out that having good behavior is more important than studying. Also, we should learn to be independent. At last, Mr. Poon says there will be no difficulty if we try hard to do something.

Hope our students can gain valuable experience from Mr. Poon.

You are also welcome to meet Mr. Poon in the Library Server Room!

Mr. Poon says that school is just like the mirror of the society and advises us to learn how to do better for our society.

CSK NEWSLETTER
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Q I S U I 2003-2004

FEBRUARY 2004

INSIDE THIS ISSUE:

LAMMA ISLAND TRAVEL 2

TO THE EDITOR 3

SINGING CONTEST 4

MORE PICTURES
THAN BEFORE

Having received a lot of complaints, you can find more pictures in this volume than in the previous one. And we are sorry for the errors in the last volume too. This time we have put more carefulness and patience to avoid mistakes. Again, if you have articles you want to share with us, write to us and send it to 6A Ma Chun Sing. Or you can email it to john@malo-hk.com titled: TO THE EDITOR.

SPECIAL POINTS
OF INTEREST:

- The Silvery Ball details for those who did not attend!
- Get tired of playing computer games? Take a look at Page 2!
- The review of our wonderful singing contest!

SILVERY BALL—THE CHRISTMAS BALL OF 2003-2004

MA CHUN SING (6A)

On 20th December, the Student Association of St. Teresa Sec. School together with the one in CSK organized a Joint-School function called "Silvery Ball". The aim of the Silvery Ball is to enhance the communication between CSK and St. Teresa and also improve the communication skill of students of both schools.

The ball started at 6:30. 53 CSK gents and 43 ladies from St. Teresa participated in this function. They had to pay \$75 for this function. Although some of the gents commented that the price of the ticket was quite high, they thought the ball was worth attending.

At the beginning of the ball, the Chairman of the Student Association Lok Kin Ping delivered a speech to the gents and ladies. After that, the vice-chairman of the Student Association Chan Tsz Pan, danced with the chairman of St. Teresa.

Food was available during the Silvery Ball. Free time was given to our gents so that they had the chance to communicate with the ladies from St. Teresa.

The whole function is certainly successful. However there is still room for improvement in organizing the function. For example, some participants complained that they had not enough time to talk

with St. Teresa's ladies. In fact, this was the first time for CSK Student Association to organize such a large scale function. Before 20th December, the SA committee members put much effort in the preparation. They sacrificed their time for the function.

Besides the ball, there will be an interschool penmanship competition between St. Teresa and CSK, Chan Tsz Pan.

I sincerely hope that the SA will continue to provide good service to our students.

THE ENGLISH DAY

Why were there English songs being played in the hall during lunch on the 11th and 12th of December? It was the English Day! Several games were prepared for the students, including 'Spelling', a game in which you have to form words; 'Tongue Twister', a game in which you have to read aloud some sentences within a time limit; and 'Fill in the Lyrics', a game in which participants are required to listen to a song and complete the lyrics; 'Hangman', a game in which they have to guess the word with limited chance; 'Odd Man Out', a game in which you have to choose one word whose meaning is different from that of the other three. The Art Club also set up a counter to let students make their own bookmarks. Prizes were given to the students who could finish the

games. Students were not allowed to speak in Cantonese in the hall. The hall was opened during lunch break and after school. Many students joined this event. On the second day after school, we in-

vited some Primary Four students from Chan Sui Ki Primary School to join us.

LAM MING KI (6B)



2nd Day of English Day—Crowded with Pri.4 students

LAMMA ISLAND

Our class(6A) had a trip to Lamma Island on the excursion day. Before I talk about the trip, let me tell you some information about Lamma Island.

About Lamma Island

Lamma Island is Hong Kong's third largest island, and is situated to the south west of Hong Kong Island. It is divided into two parts, the north and the south. In the northern region, there are the popular sights of Yung Shue Wan, Tin Hau Temple and Hung Shing Yeh Beach. In the Southern part, there are also the beautiful views at Ma Tat Wan, Lo So Shing Beach, Kamikaze Cave and Tin Hau Temple. Linking the northern and southern region is the walker trail.

The Island has a lot of historical background; it was inhabited since the new Stone Age, leaving the island with many historical treasures. Its main attractions are the seafood restaurants in Sok Kwu Wan and the hippie life-style of Yung Shue Wan. Thousands of expatriates are drawn to Lamma as an alternative to the skyscrapers and relentless noise of Hong Kong. Most of these "escapees" live in Yung Shue Wan, the larger of the two main villages on the island. Yung Shue Wan has a very relaxed feel and is worth some exploration. Therefore it is a good place for people to go to on holidays.

Before the trip started...

On that morning, we met at Central pier at 9:30 am. Most of the classmates were very happy because a lot of them had never been to there. The most interesting thing was the seafood on

Lamma Island because it is one of the most famous things on the island. At 10:10 am, we all got on the ferry. After about thirty minutes, we finally reached Yung Shue Wan. When we got off the ferry, my feeling towards the environment was very different. It was quiet, there were no large motorcars, its air was very fresh, the house was not very big, and you could not see any tall buildings there. I thought that we had arrived Mainland China since I could not believe there was such a beautiful place in HK.

On arrival

Then we started our trip. We started at Yung Shue Wan, and then went through the walker trail, passed the Hung Shing Yeh Beach, Lo Shing Beach, Kamikaze Cave, Tin Hau Temple and finally reached Sok Kwu Wan. Then we had our lunch there, and we left the island at 2pm after finishing our lunch. At the beginning, we walked around the village in Yung Shue Wan, I found that there were many foreigners living there, and many houses were in European styles accompanied with a lot of Western style restaurants. Besides, there were many traditional shops, selling daily necessities, such as food, water... You could not see large shopping arcades but only some small shops, each shop just sold a few things. After that we went to the walker trail and wanted to go to the Sok Kwu Wan, however we lost our way, luckily a local resident helped us to find the way out. This incident showed that the residents there were nice and helpful, and were very different from the urban people.

We walked through the walker trail, the view there was very beautiful and the

LEUNG KWUN LUN(6A)



Welcome to Lamma Island

air was very fresh, I felt very comfortable while I was walking. Since we were in a hurry, we did not have much time to stay and take photos of the fantastic view. Nevertheless we enjoyed the walk very much. After twenty minutes, we had a rest and we all ate the most famous food there — bean curd, it was cold and fresh and gave you a lot of power to finish the trip. We spent another 50 minutes to reach Sok Kwu Wan, on the way, we passed through all the sites I mentioned before, and they had styles, which were very different from each other's. For example, the view of Hung Shing Yeh Beach and Lo Shing Beach was very beautiful, when you looked into the Kamikaze Cave, a mythi-

(Continued on page 3)

I thought that we were in Mainland China since I could not believe Hong Kong could be so beautiful.



Hung Shing Yeh Beach—A beautiful sight of seaside

LAMMA ISLAND

cal feeling would come to your heart, when you looked at the Tin Hau Temple, you would have a traditional feeling and when you looked at the power station, you might "praise" the modern technology.

The finale

Finally, we reached Sok Kwu Wan; it was the place where we had our lunch. I tried the seafood there and it was fresh and delicious. Although it was very expensive—each of us had to pay more than \$80, I thought it was worthwhile. After we

finished our lunch, we left the island by ferry at 2pm. Thirty minutes later, we reached the Central pier and dismissed. The trip ended here.

Feeling

I think that Lamma Island is a good place for us to go during holidays because of its unusual quality from the urban areas. It is really a good place to relax ourselves and relieve the pressure we have and I think if I have a chance, I will go again.



Yung Shue Wan

TO THE EDITOR

Smile

Usually, when you are delighted, you smile because it is a natural reaction. A smile from your heart can even relieve others' worries and unhappiness will go away!

In fact, a smile can make you take things more easily. While you are smiling, you feel that you are confident and capable of doing everything well. Even in the worse situation, a smile from friends or even yourself can make you feel better and gain more hopes. In other words, a smile makes us optimistic. Besides that, a smile can be a kind of great medicine for sickness, too. I'm sure that everyone remembers the times when SARS stroke us. Family members could not visit their loved ones who were unfortunate enough to catch

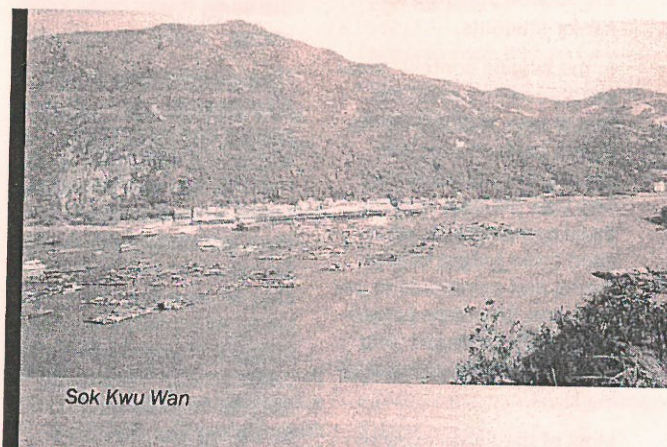
the incurable disease.

Nurses and doctors were the only ones who could be with the sick and they gave hopes to them by smiling!

In addition to those advantages mentioned above, a smile can also make you friendly. Definitely, no one likes a person with a pulling face. A smile can bring you near to your friends because of the enjoyment your friends get from getting along with you. It doesn't only bring you closer to your friends, but also helps you to make more friends.

Nothing is more fabulous than having a smile! After reading the above ideas, I am sure that you will agree with me. So just smile! ^_^

Tang Wing Wah(4E)



Sok Kwu Wan



Will a smile a day keep the doctor away?

SINGING CONTEST—A WONDERFUL DAY

The 19th of January 2004 was the final day of the first term. Since the Mid-year Examination was over and the long Lunar New Year Holiday was coming, so all students were very happy. Moreover, we did not need to wear original school uniform to go to school that day because it was the day that we could choose whatever we liked to wear. Therefore I can say it was a special school day.

Actually we did not have any lessons on that day because it was the day for the singing contest. The singing contest was divided into two parts. Each part lasted for two and a half hours. The first part was for junior students, and the second part was for senior students.

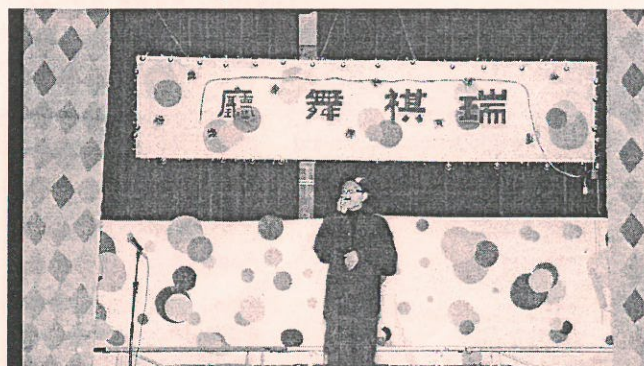
In the singing contest, there were three competitions, that is solo, musical instruments performance and chorus. In order to decide who was the best in these three competitions, we invited three judges to give marks and comments to our students. The three judges were all experienced and they knew much about singing skills.

Most of the songs sung by

the students were local pop songs, with some sung in Potunghua and English. Students tried to imitate the original singers including the way they sang and the action the singers do on stage. Actually they all had good performance and some of them might even become a professional singer, too. Their performance was praised by the judges but they said that it was better if they could sing in their own way without imitating the singers. During the contest, there was also a game played by the students who would sing. Students needed to give the names of the singers and the next one needed to answer by telling the audience the name of the song. It was quite interesting.

Time passed very quickly. After several people and groups had sung their songs, the contest came to the end. But one interesting happened when the judges were calculating the marks. One student was invited to sing an Japanese song twice. All students were very happy and gave him a lot of claps. Finally, the singing contest finished and students enjoyed their New Years Holidays.

LEUNG KWUN LUN(6A)



The winner of the contest, Sung Ip Man, singing "How many hours" originally featured by Michael Learns To Rock



Chan Kin Fing singing with Mrs. E.. Chan sweetly

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INSIDE THIS
ISSUE:

ATHLETICS 2

CAN YOU
HEAR THEM? 2SCHOOL
BULLYING 3AN EXPERI-
ENCE WITH
ELDERS 3EXCLUSIVE
INTERVIEW
WITH NEW
TEACHER! 4SPECIAL POINTS
OF INTEREST:

- The details of Inter-school Athletics and Football Match
- The feeling of being a volunteer
- Know more about our new teacher Ms. Leung
- 大家好引入的背後

碟頭飯與飯盒

自下學期開始，陳瑞祺飯堂引進了大家好食物製造商的飯盒，代為售賣。從此每逢午飯時間，陳瑞祺飯堂便出現了一條以往從未見過的人龍，這條人龍亦比排隊購買飯堂碟頭飯的人龍長得多。為何妙姐及校方會同意引入大家好呢？難道飯堂碟頭飯不及大家好飯盒？

引入大家好主為解決校門擠塞問題

根據飯堂委員會（注一）主席陳家成老師表示，早於農曆新年前委員會已就代售大家好飯盒的建議開會商討。當時校方容許引進大家好飯盒是因為兩方面：

秩序方面：在引入大家好飯盒前，有大量同學於小息時致電大家好訂購飯盒，由大家好人員於午飯時送到學校，並於校門外進行交易。由於訂購同學為數不少，所以經常引致午飯時間首十數分鐘校門嚴重擠塞，同時有不少同學在等候交易時，於行人路及馬路上流連，容易引致意外，所以校方提議引入大家好，大家好亦從此不再接受同學電話訂購，以解決以上問題。

同學福利方面：由於引入大家好飯盒，由飯堂代售，能

提供更多食物種類給同學選擇，對同學絕對有利，所以校方支持這項決定。

引進兩個月情況良好

大家好飯盒已於飯堂售賣近兩個月，每日午飯時間都見大家好攤檔前有一條長長的人龍，由此可見大家好的飯盒頗受歡迎。根據妙姐表示，大家好平均每日賣出約一百五十個飯盒，與飯堂售出碟頭飯數目相約。另外，對於引入大家好對飯堂的影響，妙姐表示，由於中五、中七同學已離校，留在學校用膳的同學大為減少，此時亦正值飯堂的淡季，所以現時大家好對飯堂所造成的影響並不大。至於真正的影響還有待九月開學觀察，才能得知。

至於秩序方面，就觀察所得，自飯堂代售大家好飯盒

後，大家好拒絕同學電話訂購，校門阻塞情況大為改善。雖然仍有少數同學以電話向其供應商訂購食物，但情況比以往已大有改善，午飯時間擠擁於校門的人群亦已經消失。

注一：飯堂委員會是為管理學校飯堂而設，凡有關學校飯堂的一切措施都必須由委員會通過。例如飯堂新增食品種類、價格調整等，都由委員會開會通過。飯堂委員會主席為Mr. K. S. Chan，而委員會成員包括校方代表Mrs. Leung, 老師代表Mr. K. C. Wong 和 Mr. K. Y. Wong 及學生會三名代表（主席及內外副主席）

碟頭飯與飯盒的比較

	飯堂	大家好	比較
價錢	\$13	\$14	飯堂勝
款式	每日四款	每日六款	大家好勝
飽肚度	無限量添飯	一盒	飯堂勝
新鮮度	即叫即製	預先入盒	飯堂勝
服務態度	風趣,有講有笑	有禮	平手
售賣速度	即叫即製, 慢	付錢即取, 快	大家好勝

ATHLETICS

The lengthy and sweaty training of the athletics team started last September. The preparatory work for the Inter-School Athletics Meet was no lagging behind. Few days ahead the competitions, we, prefects, strived tirelessly and endlessly to make beautiful banners and brainstorm stunning slogans. Such perspiration and hardwork were for no one but our athletes, and the long-awaited day.

On Day 1, the first event started at 8:15 am. Throughout the day, the CSK cheering team successfully upheld the CSK spirit. Our support did pay off. Our athletes responded to our cheering with their best performance and the tickets to the finals. For example, Wong Chiu Kiu, our C grade sprinter, came second in the 100M. Not letting Wong alone steal the spotlight of the day, Hui Lok Hin also came third in C grade 1500M. Hearing the good news, I couldn't hide my pleasure for we undoubtedly had a very good start on Day 1.

CAN YOU HEAR THEM?

'The happiest thing is not getting the champion in division 2, it is we work together to achieve the goal and build up the team spirit. We never give up in the matches and concentrate in them. That's the traditional La Salle spirit which we lost a long time ago, and now we are picking it up again.' Mr. Yeung, the B grade and C grade coach, said with tears after two exciting winning matches.

The moment was wonderful and touching, you could see that the football team members cried and sang school song with happiness after the matches. Mr. Yeung led our football team back to division 1, the last time we played in division 1 was ten years ago.

I hope you all know this news and feel happy with that. Nevertheless, do you know what made

All Form 1, 2 and 4 boys went to Wanchai Sports Ground on Day2 and we cheered at the top of our voices - especially when singing our school song. Although we were behind KCC and CMASS in B grade and SSCS in C grade at the beginning, we were not disheartened in the events that followed, we narrowed the gap between SSCS and our school in C grade, and even took the third place in B grade and the second place in C grade respectively.

The Inter-School Athletics Final was on Day 3 and our athletics team performed excellently in the competitions. All Form 3 boys were selected to be the members of our cheering team on that day. The cheering of our students gave all our athletes strength to run, so our athletics gave their best to CSK. In fact, the cheering of our school reached every corner and overwhelmed that of other schools at the Wanchai Sports Ground.

What's more, one event had

them succeed?

The football team members trained hard throughout the year; they sacrificed their free time and made contribution to our school. They tried their very best in all matches with the full support of our Principal, teachers and fellow schoolmates. They took the football matches seriously as you did in the online games you have played. They recorded the football matches of other schools and watched with Mr. C.C. Yeung to make analysis. Can't you see their work?

Getting the champion is not as easy as you think, no pain no gain. Success does not mean sitting here and doing nothing. Boys in red! Do you hear?

In the coming year, our football, basketball and badminton teams will be in division 1. I wish them every success.

LEUNG KIN WAI(6A)

to be noted and that was the 4x100m Relay. Firstly, our relay team lagged behind the team of SJC. However, all CSK boys were determined to support them by giving all their energy to the runners on the track.

Thus our runner tried his best in the final 100m and burst ahead the SJC runner and won!

How time flew! The day ended at around 4:30 pm. Although we cheered as hard as we could on that day, we got 204 points and we took the fourth place in the overall result. However, we never gave up and neither did our athletics team. With the strong unity and determination of all CSK boys, I am sure that we are able to fight for our ultimate goal next year.

LAM MING KI(6B)



We are the boys in red!

Although we cheered as hard as we could on that day, we got 204 points and we took the fourth place in the overall result.



The Football Team...

SCHOOL BULLYING

Imagine that many students bully other classmates in the school. Those who are younger or weaker are forced to give money to the bullies. If they do not, they will be beaten up. As a result, school becomes a nightmare to the younger and weaker.

Bullying among school children is certainly not a new phenomenon. There is considerable evidence now that continuous or severe bullying can contribute to immediate problems such as depression, sleeping difficulties, playing truant, low concentration in problem solving, and long-term problems such as permanent anxiety, low self-esteem or study difficulties. The worst possible outcome is that a se-

verely bullied child will end his/her own life.

In Hong Kong, there has been growing concern on students' violent and bullying behavior in the mass media. For example, in 1997, a boy was tortured to death and burnt as a result of group bullying (Oriental Daily, 19, May). A student was charged with hitting her class teacher (Apple Daily, 10, February, 1999). All those events have alarmed our society. What has emerged over the last few years is that not many schools can do a great deal to stop bullying. Undoubtedly, there is seldom systematic investigation of bullying in Hong Kong.

It is not easy to define bully-

ing. Sometimes it involves hitting or kicking. But threats, teasing and taunting are more common and can be more damaging. Basically, the word 'bullying' is used to describe many different types of behavior ranging from teasing or deliberately leaving an individual out of a social gathering or ignoring them; to serious bullying. However, the most important thing is not the action but the effect on the victim. Nobody should ever underestimate the fear that a bullied student feels.

Last but not least, the victims do need support. I hope you can help your classmates who are bullied. Also we should make our learning environment excellent.



LAU MING FUNG(6A)

AN EXPERIENCE WITH ELDERS

Did you meet any CSK students accompanying elders with wheelchairs at the Hong Kong Museum of History on 8th April? If yes, do you know what they did on that day? Well, let me tell you the answer. They made every possible effort to communicate with the elders and their action showed their love towards the elders.

This year a total of twenty five students took part in this activity, including some students from Pooi To Middle School. At 12:30 pm, we went to the Hong Kong Museum of History by minibus. In fact, the elders were never really interested in museums in the past. However, they were surprised at how interesting the museum was and how easy it was to understand the history of Hong Kong.

We spent two hours walking through the exhibition called 'The Hong Kong Story'. It showed Hong Kong's history from the very

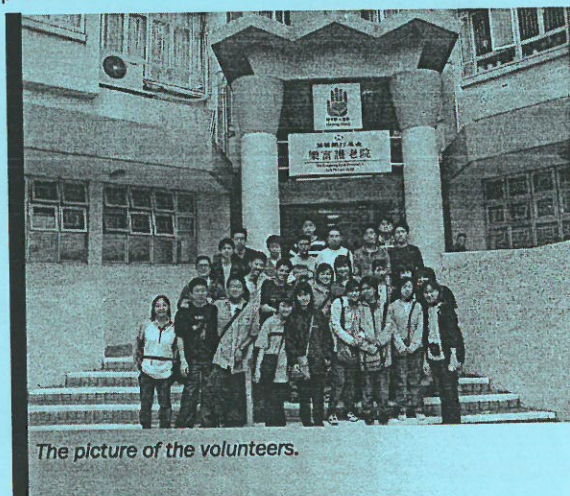
early period to the present day. There were a lot of things to look at in the exhibition. For example, one display showed information about the Japanese occupation in 1941. Some elders were attracted to that section as they had been soldiers during the Japanese occupation. The displays that we found were interesting and fascinating.

Besides, the museum contains houses which are identical to those in the past, so we could feel the hard life of people a hundred years ago. It made us feel like we were taking a walk through history. What's more, the videos really gave us a lot of historical information. After that, some students took part in a workshop where they were shown traditional Chinese calligraphy. They were also able to write some words themselves and they took their work home. The workshops kept us interested for the whole afternoon.

LEUNG KIN WAI(6A)

How time flew! We left the Hong Kong Museum of History at 2:30 pm. The experience did not only improve our communication and interpersonal skills but also widen our social circle. Are you interested in this kind of activity? Remember that you can be a volunteer! What you have to sacrifice is just a few hours and you can gain invaluable experience. It's also great for building up your confidence. Don't hesitate and your action will be greatly appreciated.

The experience
(of being a
volunteer) did
not only
improve our
communication
and inter-
personal skills
but also widen
our social circle.



The picture of the volunteers.

EXCLUSIVE INTERVIEW WITH NEW TEACHER!

LI HO YAN(4E)

Miss Leung Hoi Lam, one of the new members who has joined us, the CSK family, graduated from the City University of Hong Kong majoring in Electronic Engineering and completed her secondary education at the Hong Kong Women's Club College. She is very keen on reading, whenever she has time, she reads.

Many people think that being a teacher is a boring job but Miss Leung sees that being a teacher is an ideal job. After finishing her degree, she began looking for a post as a teacher. It is not her first job as a teacher at CSK, indeed, she had been teaching as a substitute teacher at a co-educational school for a year before she joined us.

Surprise! Surprise! Miss Leung did not even know we are a boys' school before she joined us. Having been here for only 2 months, Miss

Leung is still trying to get accustomed to her life in CSK.

When asked for her impression on our boys, she said that she found CSK boys to be too talkative. On the whole, she agreed that we were pretty okay though there was still room for improvement. (So, work hard boys!)

Classroom discipline is the thing Miss Leung always emphasizes, as she sees it crucial to the betterment in learning atmosphere. Not only classroom discipline, Miss Leung also mentioned the importance of being an all-rounded individual by building up positive attitudes and being involved in extra-curricular activities outside classroom.

Okay! How about the staff? Miss Leung said that staff at CSK were very supportive and friendly in helping her to adapt to her life in CSK.



Our new teacher—Ms. Leung Hoi Lam

Last but not least, Miss Leung hoped that we could be more thankful and appreciate other people's work, as what Miss Leung always says 'To be thankful for what you've got'.

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6B

4A

4E

4E

現代私塾多面睇

INSIDE THIS
ISSUE:

現代私塾多面睇 2

中文徵文比賽 2

QAI VISITS
CSK 3TEACHERS &
STUDENTS
ATHLETES 3EFFECTIVE
LEARNING 4SPECIAL POINTS
OF INTEREST:

- Details of Chinese Composition Competition
- Details of QAI Visit
- Details of teacher and students athletes
- How to get high scores in exam

首先，參加現代私塾多面睇的長者先在長者中心集合，然後乘旅遊車到我校。

活動進行前，長者們被分為兩組，第一組先參觀學校，沿途均由義工帶領，並逐一介紹每一個課室。他們參觀我校大部份的課室，包括音樂室、美術室、演講室、圖書館、校務處和其他課室，至於一些帶有危險性的房間，例如實驗室等，則因為安全問題而不開放。由於當天為我校之復活節假期，故學生並沒有受到任何影響。

而當中的兩個課室—音樂室及美術室，更設有一項特別活動，讓長者更能體驗學生在校園的樂趣。

在音樂室裏，除了擺放各種不同種類的樂器外，我們更邀請了本校的音樂科老師，即場為長者介紹各

種樂器的特性及簡單的歷史背景。隨後，長者更在音樂室內，欣賞一齣我校管樂團於一次公開表演的影片，讓他們了解現代學生上學，並非只是學習書本的知識，而是有其他的課餘活動，讓一眾莘莘學子有更多的發展空間。

另外，我們招募了一些美術學會的會員擔當義工，在美術室裏教授長者繪畫國畫。雖然長者們大都一不諳此藝，但正是這樣，於過程中，長者更能感受學生上課的感覺。各位義工先把一些國畫的範例放出，讓各位長者可以用作參考之用。過程中義工們亦會從旁協助，使長者不會感到困難。

而第二組長者，則到禮堂內欣賞表演及參加一些攤位遊戲。他們先會看到一個由本校之紅十字會團員作出的急救示範。長者們

會看到一些簡單的急救過程，例如擦傷、跌傷、燙傷等，最重要的，就是希望透過這一個活動，改正一些長者對於急救之謬誤，例如他們認為被熱水燙傷後，只要塗些豉油便好。這當然是大錯特錯，我們便是希望可以改正這些誤端。

當長者看完這些急救示範後，便到我們所設的攤位遊戲中玩樂。當日我們一共設了三個攤位遊戲，分別名叫波子辨別、廢物分類及雷霆傘蛋。前兩個遊戲，顧名思義，乃是在一個大盆中放下不同顏色的波子，然後讓長者利用羹匙把它們分類；與及希望長者按「藍廢紙、黃鋁罐、啡膠樽」的方法，把一些廢物作出適當的分類。

而這三個遊戲當中，最受歡迎的，便是第三個遊戲—雷霆傘蛋。這個遊戲的

歐陽梓浩 (6B)

現代私塾多面睇(CON'T)

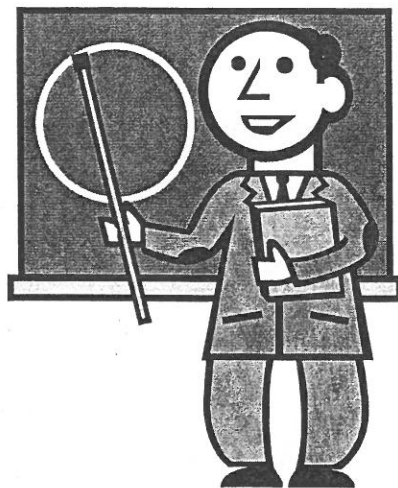
要求，便是參加者只可以用數張廢紙及一些簡單工具如剪刀、膠水和膠紙等，去連接著一隻生雞蛋。連接的方法則沒有限制，可以弄一降落傘或任意使用廢紙包著雞蛋，隨後便在一樓走廊向操場扔下(禮堂是在一樓的)，雞蛋沒有任何損毀的為之完成整個遊戲。而事前我們亦預先製成一成功的示例，讓長者可以作為參考，更可以和義工一起圍著桌子研究。當他們完成後，便可以立即到投放地點嘗試。

最後，所有到訪長者到禮

堂，欣賞我校一些同學的音樂表演，包括牧童笛、鋼琴獨奏、銅樂五重奏和中國笛子獨奏。牧童笛所表演的是「龍的傳人」等中國歌曲，讓他們先感受一下中國的氣息；而在鋼琴獨奏這一環節，則有「鐵塔凌雲」及「奮鬥」這些經典的歌曲，使長者在欣賞一些平日難見的表演之餘，亦不感陌生；隨之而來的，便是由我校五位管樂團中銅管樂的成員，表演一些西洋的音樂；最後，我們更有一位學生吹奏中國笛子，歌曲名為「平湖秋月」——一首長者們耳熟能詳的廣東

音樂。整個活動，便是在一片樂聲中結束。長者離開時，每人均獲送一份由我校家長教師會贊助的禮品，包括一些紙巾、肥皂、玻璃纖維漱口杯、米粉等日常用品，以作紀念。

在此，我謹代表本會，多謝活動當日抽空出席幫忙的老師、家長，特別感謝本校的家長教師會贊助活動當日的紀念品。



今次比賽反應良好，……相信無論是否參賽者都必定有所得益。

中文徵文比賽

今年學生會首次在陳瑞祺節與中文學會主辦中文徵文比賽。是次活動的目的是為了提高同學對中文寫作的興趣和提升同學中文寫作的水平。

是次比賽分初級與高級兩組。每班至少派出一名代表。參賽者可以在兩條題目中揀選一條，初級組的題目為「三人行必有我師和我在閱讀中的世界」；而高級組的題目為「廿

一世紀為學之道和 2046」，兩條題目均為不同級別的參賽者精心設計，務求能引發出他們的創意。

高級組的題目看似簡單，其實是需要參賽者就時間上的限制進行寫作。而初級組的題目自由度較大，參賽者可從任何方向發揮。

今次比賽反應良好，參賽者既能表達自己的內心世界，讓同學可感受到他們的分享外，也能藉此機

會訓練自己的寫作技巧，讓同學可從中學習，相信無論是否參賽者都必定

黃浩倫(6B)



有所得益。



QAI VISITED CSK

A few days ago, the Education and Manpower Bureau sent a team to visit CSK. Some lower form students may wonder why the education officers visited CSK. In fact, the aim of the visit is to ensure that the CSK boys have a good place for learning. The team stayed at CSK for 3 days. During their visit, they observed lessons and paid attention to the learning attitudes of the CSK boys. Moreover, they also focused on CSK boys' academic performance as well as

their performance in the extra-curricular activities.

A few years ago, Chan Sui Ki (La Salle) College took part in the scheme organized by the Education and Manpower Bureau. About 15 inspectors were sent to CSK to know more about our school. They stayed at CSK for about one week. During their visit, they did not only observe lessons, but they also invited both teachers and students to give their opinions

MA CHUN SING (6A)

about Chan Sui Ki (La Salle) College. What's more, they were also interested in knowing the teaching methods adopted by our teachers.

The feedback for our school was quite good, especially the performance in the extra-curricular activities of the students. However, there was still room for improvement in learning.

I believe that the CSK boys will try their best to overcome such weaknesses.



TEACHERS & STUDENTS ATHLETES

During March and April, the Student Association organized a series of events in order to give a chance for the students and teachers to play together.

To achieve this aim, the SA arranged many sports games for our teachers and our schoolmates to participate. The games included football, basketball, table-tennis, badminton as well as chess competitions.

Many teachers took this opportunity to have fun with the students. When the ball games started, many schoolmates gathered

at the playground to watch the games. All the teachers and classmates tried their best to win the competition. Although there were only three winners for each section, our schoolmates really enjoyed this chance to play with teachers. Many of them said that these ball games did not only give them a chance for relaxation but also an opportunity to communicate with teachers. The series of events really did improve the relationship between the staff and our schoolmates.

Actually, the response from students and classmates proved that this event was

CHAN KIN PONG (6A)

extremely successful. However, some schoolmates claimed that they had not been well informed of the event. Some of them did not know when the ball games took place.

In fact, the SA committees had put much effort on organizing these events. We greatly appreciate their jobs.

Finally, we hope that the SA next year will continue this tradition and help make CSK a good place for students to study.

Many classmates said these ball games did not only give them a chance to relax but also an opportunity to communicate with teachers.



EFFECTIVE LEARNING

Many students especially those who need to prepare for the public exams always come across difficulties in their studies. Some of them even say that the result is still poor even though they have already paid much effort on it.

In fact, to improve your efficiency in learning, you should pay attention to the method you use in studying.

To study well, it is essential to revise all the notes. However, before this step, we should understand all the things. To make your concept clear, it is better for us to pay attention during lessons. If you do concentrate during lessons, I am sure that you will understand most of the things taught by the teachers.

When you understand what the teachers say, this means that you have a good concept. After that, the next thing you should do is to recite the notes. To improve

your efficiency, you should recite some of the important things like definition, working method, etc. This step is the most difficult one. After that, you should find some exercises to practice. Actually, even you have recited all the things, you may find that you are still unable to answer the questions well. It is because you are not familiar with the exam pattern. To solve this problem, you should do some exercises, which are examination-oriented. When you continue to practice, confidence will be eventually built up. As a result, you will not fear tests anymore.

Some classmates may ask why they need to do practices. In fact, doing exercises does not only let you get used to the examination pattern, but it also makes your concept clearer. This is a cycle! Concept, recitation, practice, concept.....

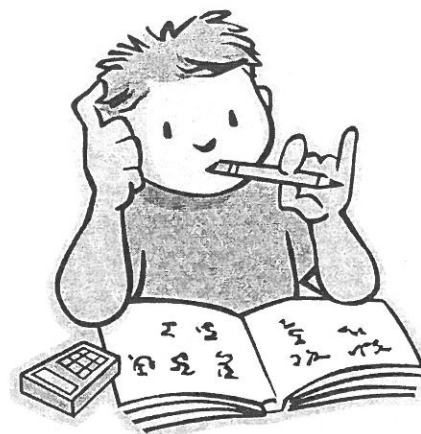
Moreover, in order to obtain a good result in examina-

PONG HIN YEUNG(4E)

tions, you should predict questions that teachers are going to set. Why is this step necessary? It is because you do not have enough time to think about the way to answer the questions during tests or even examinations.

Then, how can you predict the questions in examinations? First of all, when you do some practices, you may easily find the areas which are important. Then you can focus and revise them all the time. After that, your confidence will be gradually built up and you will have the ability to predict the questions.

Admittedly, before doing practices, you should revise all the things. Otherwise you will not know how to tackle the questions even though they are very easy.



CSK NEWSLETTER
PUBLICATION

Q I S U I 2003 - 2004

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CSK NEWSLETTER PUBLICATION

QI SUI 2004-2005

徹底了解家長教師會

中四戊班 趙崇毅

SPECIAL POINTS
OF INTEREST

- 家教會將來大計
- 你想有好的出路嗎?
- SWIMMING GALA
- ATHLETIC MEETS
- DO YOU KNOW HOW TO RUN A BUSINESS?

INSIDE THIS ISSUE:

徹底了解家長教師會	1
開創新風氣	2
自己的前景	3
學會攤位壁報設計比	3
ATHLETIC MEETS	4
SWIMMING GALA	4
YOUTH COMPANY	4

訪問家長教師會

應訪者：主席仇先生 及

家長委員吳太、劉太

記 者：中四戊班 趙崇毅

Q1：仇先生，作為主席，要令家長教師會有效、完善地運作，您要處理些甚麼事務呢？

仇生：作為一個主席，我需要策劃一整年的活動；當中我要分配工作。每個活動會分出獨立小組，各有召集人負責。當然，委員也是十分重要的。我們總共有十五個委員，分別是七個教師，他們中以施副校長為領導人；再有七個義工家長和一位舊生。我每天早上都會到校務處，收集外界的文件，並且作出安排，分配工作給義工家長。

Q2：除了建立家長與教師溝通的渠道外，家長教師會還會負責甚麼學校事務？

仇生：除了作為家長與學校的橋樑外，我們還會把家長團結起來，支持學校的各方面需要。例如今年我們打算舉行一個籌款活動。以往我

們也曾舉辦過類似活動，籌款建設課室、校舍的冷氣設施。這次的目的，主要是為更新電腦室，又增加或翻新某些設施。我們又會在學校的各個活動、比賽中，聯繫其他家長，組織龐大的啦啦隊，為學校打氣，把我們學校的凝聚力團結起來。

Q3：家長教師會舉行了無數活動，哪個最有意義、令您們印象最深刻呢？

吳太：我認為每年測驗後家長教師座談會最難忘、最成功，並且一年比一年好。因為這可以令到家長了解家教會的意義，而且愈來愈多家長支持。

劉太：我贊同吳太所說的。但我也認為那個英語營，對子女的幫助很大。

仇生：我補充吳太剛才所說的家長座談會，其實主要的對象是中一至中三學生的家長。因為回想起我兒子中一的時候，作為新生和新生家長，對學校的一切情況都是陌生的。透過這座談會，家長對老師、校長等的認識加深了。而更重要的是可以增強

大家之間的連繫。有了他們的支持，我們才有今天的成果！而我們的英語生活營，是為提高同學對英語的興趣，增加他們的信心，並且讓他們學懂如何相處。

Q4：除了舉辦上述活動外，還有甚麼方法去增加家長、教師、和學生的了解？

仇生：我們在學校有一面布告板，每兩個月更新一次，把活動的圖片給人參閱。而我們亦設了一個專用網頁，給同學、教師、家長瀏覽，從而知道活動的詳情。

Q5：家長教師會如何發掘、發揮同學的潛力，增強CSK的質素？

仇生：這個問題問得非常棒！家教會每個委員都很關心學校，很注重如何發掘同學的潛質能力。今年，我和施副校長建議召集同學來協助會務。藉此令到家長、老師更深入地了解他們，使他們的潛質發揮出來。

徹底了解家長教師會 (續上頁)



“在這四年裏，感到學習氣氛、團結程度增加。”

Q6：家教會未來有甚麼大計？

仇生：今年我們會把家長、教師、校長與舊生連繫起來。其實我們學校已有一個舊生會，但只是每兩個月才開一次會。CSK今年已是第三十六年了，畢業的眾多人士，必定有很多人才。我們希望可以令到這些人才經常返回母校來。今年會舉行一次一整天的大型活動，邀請他們參加。

Q7：主席先生，您對這份工作有甚麼感受？

仇生：我出任主席已有四年，看到我們得到很多教師、家長的支持、愛戴，而且有不錯的成果。在這四年裏，感到學習氣氛、團結程度增加。我希望成績有顯著的進步。最後希望藉著 PTA 建立家長、同

學合作的模式，達到互相包融與配合。

Q10：仇先生，您在平日如何教導子女，令到雙方得到深切了解？

仇生：我是很自由的。從中一到現在我也沒有查閱兒子的功課。我兒子喜歡足球，我們間中會一起去觀看足球賽事和談論波經，彼此互相溝通。當然我也會教導子女要有正確的人生觀，如有樂於助人的精神等。還有，我會以我多年做人的經驗去告誡兒子，希望他們不要重覆我以往所做錯的。

Q11：您們在工餘時間有甚麼消遣、減壓方法？

仇生：我是十分熱愛足球的，每個星期我會到足總當義工，負責為球證的表現評分。從觀看足球比賽中得以減壓。

劉太：回應剛才所問的家長與子女相處的問題，我和子女是沒有代溝的，不會像一些家長擺出高高在上的姿態！而我的消遣活動是看電影、一家人逛街、飲茶去；也參加一些團體活動如登山、慈善步行等。

吳太：我的消遣是聽音樂，包括收音機、CD 等，這和我的兒子一樣。而我和兒子相處有如朋友一般。我認為和兒子溝通的方法是每當他要向我傾訴時，我會放下自己的工作，細心聆聽，這樣兒子才會樂於和我們溝通。

訪問到此完結，希望同學能藉此對 PTA 多些了解

開創新風氣



十月七日的早上，新一屆學生會接過學生會鎖匙及印章，在會長帶領下宣誓，「開風府」正式成為第七屆學生會。今年的內閣宗旨為開創學術新風氣，所以取名為「開風」，其政綱除了提高校內的學術水平之外，亦會與學會加強合作及聯繫，為學校課外活動打好基礎，並積極為學生爭取更多福利，以及加強學生會與學生之間的溝通，鼓勵學生

表達意見。

以開創學術風氣為宗旨的「開風府」，當然會舉辦一些有關學術的活動，其中一項就是正在運作中的「問書處」。「問書處」幫助同學解決在學術上的疑難，當值學生會委員每天放學後三時半到四時半在圖書館回答同學提問，提供問題之解決技巧或方法。此外，「開風府」亦計劃參加學術展覽，而舊有且與學術

中六乙班 黃樂天

有關的活動，如補習招職，中四至中七訂閱考試題目仍然會舉行。除了有關學術的活動外，學生會還會推出一系列陳瑞祺紀念品，亦會成立學生會網頁。

在此，祝願新一屆學生會能順利運作，希望同學能支持為我們服務的學生會。

自己的前景

你有沒有想過中五或中七後有甚麼目標？繼續升學？出外工作？重讀？

當然，繼續升學是最理想的目標，不過也有其他出路，例如，到外國升學。無論怎樣，大家都是想有好的前途，為將來奠定良好基礎。所以，我們除了努力讀書外，還要做足預備。以下是筆者建議的幾種方法：

1. 了解社會現時的經濟。隨社會的經濟發展，在不同的階段，自然有不同的人才需求。同樣地，我們也要多加留意。我們可以透過參考各種可取的資料，使自己能跟隨時代的步伐。
2. 搜集外國升學資料。即使自己不打算到外國讀書，也不妨了解其他地方的教育制度（假如只知道香港的教育制度，眼光實在

太狹窄了）。因為不同的國家，會有不同的教育制度，以及不同的作風。

3. 尋求長輩的意見。因長輩有較多人生經驗，他們可以給予我們一些秘訣，以及提醒我們要注意的地方。故此，無論我們在升學或求職時，除了要在各方面作好準備，不妨向長輩尋求意見，從而為前途作出更充裕的準備。

我們不但要替自己定立目標，而且還要有充足準備，讓所有事情都在自己的掌握之中。這樣，就能事半功倍，對將來有莫大的幫助。

中四戊班 陳業升

以下是 2004 年中五及中七學生的去向

中五：

繼續香港升學	87.9%
海外升學	10.4%
就業	1.7%

中七：

繼續香港升學	89.2%
海外升學	5.4%
就業	5.4%



“我們不但要替自己定立目標，而且還要有充足準備，讓所有事情都在自己的掌握之中。”

學會攤位壁報設計比賽

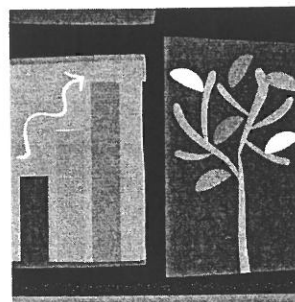
時間過得很快，一年一度的 ECA 招募日已於九月十七日完滿結束，今年與往年不同之處就是課外活動組首次舉辦學會攤位壁報設計比賽，所以今年學會的壁報佈置得美輪美奐。

這次比賽的勝出者為交通學會（十三分），第二的

是和交通學會只有一分之差的基督教學生團契，而第三則為紅十字會（六分），而其他學會，如籃球學會、童軍及天主教同學會都得到不俗的成績。當中交通學會的壁報，我也有出力設計呢！

以往，ECA 招募日的

壁報都是「馬馬虎虎」的，頗為簡單，但今年各學會的壁報都充分表現出同學之創意和心思，這是十分令人振奮的，希望下一年也會有同類的比賽，推動同學發揮自己的藝術天分，和表現 CSK 學生的才華！



Swimming Gala

The Inter-class Swimming Gala 2004-2005 was held on 21st September 2004 (Tuesday) from 8 am to 1 pm at the Tai Wan Shan Swimming Pool. Although the pool was one of the places which suffered from the 'Red worm incident', students happily took part in the activities.

The number of participants dropped a little bit this year, and due to the arrangement problems of the event, A/B

grade 100m Free and A/B Grade 100m back had to be combined.

Several records were broken this year, Won Lit Ken (6B) alone broke the records of A Grade 100m Free (59, 67" down to 58, 98"), A grade 200m Free (2' 30, 41" down to 2' 15, 74") and A grade 20m Free (27, 02" down to 26, 61"), Chan Chun Yeung (4D) renewed the B Grade 50m Free record, Wong Fei Yeung (2E) renewed the C Grade 50m Free

record, and F5B broke our A Grade 4x50 Relay record.

We hope that our students will try their best and more records will be broken next year.

Lee Chun Fat 6A

Athletics Meets

This Year, the inter-class athletic meets were held on 12th October (heat) and 19th October (Final).

On that day, every athlete tried their best to win prizes. This made the competition very exciting. Finally, 5E became the champion, followed by 3B and 3C was the second runner-up.

The highlight of the day was the 'Staff 4x100m Walk'. This was the first time such competition had been held.

There were a total of 7 teams and one of them came from the PTA of CSK. We shouted loudly to give support to our teachers. Finally, the team of Ms Y.Y. Lam, Mr. C.K. Ma, Ms Y.Y. Kwan and Mr. Y.C. Chu won the game while PTA came second.

19th October 2004 was a special day. Not only because it was the athletics meet (Final) of our school, but also the birthday of our school principal, Mr.

B.K. Lee. So, after the prize giving ceremony, We sang the birthday song to Mr. Lee.

What a touching scene it was! I am sure that no CSK boys will forget this day.

Ho Siu Chung 6B

Youth Company

Have you ever thought of starting your own business? Have you taken any action?

About 20 form six students are joining a company programme which is organized by Junior Achievement Hong Kong (JAHK). They have started their JA Company and will sell products which are designed and produced by themselves.

What is JAHK? Actually, it is an

affiliate of JA International. It educates young people about the world of work and market economics. It aims at building a bridge between education and business for young people to learn self-exploration.

Our students are going to sell badges and their company is simply called 'The Badges'. You may soon see them wearing badges and selling badges which are all designed by them in school. Further-

more, there will be a trade fair on 18th December (Saturday) in HSBC building. Other JA companies of other schools will also be there. Please come and support CSK.

Chan Ne Xun 6B

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CSK NEWSLETTER PUBLICATION

QI SUI 2004-2005

Words From the Editor

It's been two years. The construction of the new school building is approaching the end. Yet, we still don't know what is inside the new block but don't worry, the newsletter reporters will update the information for you. I hope students will use the new study areas properly and so the academic ambience can spread to every corner of CSK.

This is the second issue of CSK newsletter this year. I hope you will enjoy it.

CHAN NE XUN (6A)

SPECIAL POINTS OF INTEREST

- Law Vicky — The TVB News Reporter
- 鄧豪達老師的「道」
- 校際辯論冠軍——王星

INSIDE THIS ISSUE:

ENGLISH DAY	1
INTERVIEW WITH OLD BOYS	2
梁sir訪問	2
班際中文辯論比賽	3
鄧豪達老師專訪	3
瑞祺之星	4

THE ENGLISH DAY

4E Wayne Chiu

The English Day was held from the 9th to 11th December 2004 in the school hall. It was mainly for students in all forms during lunch time and after school. However, teachers were eager to participate in our function, and many students followed suit. The programme was really a great success.

Several games were arranged for our students. They included "Tic Tae Toe", which requires efficiency, "Hang Man", in which you have to fully concentrate on the word you are guessing. The words may be about nature, countries, food, transportation and animals, "Tongue Twister", which messes your pronunciations up a lot, "Lyric Filling", a game in which participants have to listen to a song and fill in some blanks in the lyrics. Three levels were prepared for students.

On the first day of the English Day, motivated by curiosity, many students joined and played the games joyfully. Seemingly, most of the junior form students were attracted by the "Hang Man". Moreover, some students even brought along their notebooks and wrote down the words they had just learned. On the other hand, most of the senior form students attempted harder games, especially "Lyric Filling". Even though the songs were sophisticated, they tried hard to get them all correct.

On the last day, we invited two classes of Primary Six students from Chan Sui Ki Primary School. All of them were astonished to complete all the games prepared. They were disciplined and they queued up silently for games. They tried their very best to speak English. After the games,

they were overwhelmed with joy and showed their presents to one another all around. All of them were pleased as their hands were full of prizes which they had won from the games. The English Day finally ended.

With the effort made by Mr. A. Beynon, Mrs. B. Chan, Mrs. A. Chu and members of the English Language Society, the English day was a great success. And we also learned a lot in this function. When you are carrying out a game, simultaneously you are learning. All of us felt satisfied when we saw that the prizes had all been given out, implying that everyone had a great time during the programme.

INTERVIEW WITH OLD BOYS Mui Yu Hin (4D)

Last month, we invited two CSK old boys, Law Fai Cheung and Kan Hok Hei, for an interview about our school. Law Fai Cheung is a reporter in the Television Broadcast Limited (TVB) who has to go everywhere to collect information for the News programme every day. Kan Hok Hei is also a reporter working for a famous newspaper company called Orisun. He works in the Sports section of the newspaper and he is also a reporter who has to go everywhere to collect information. On that day, we interviewed them in the canteen. At the interview, we asked them things about CSK and their feeling about our school.

R: Reporters
L: Law Vicky
K: Kan Hok Hei

R: 'Do you think our sports result will be affected by the new building?'

L: 'In some way, it will be affected as the space for us to

play becomes smaller. However, it only depends on whether you like sports or not. If you like sports very much, you can play sports in the sports ground near our school. Therefore, you won't be affected very much if you like sports.'

K: 'The building has some things good for students but also there are some things bad for students. As you have just said, the space for students to play sports will become smaller but if we use it properly, such as providing more space for students to read, they will benefit from it.'

R: 'Do you think our school has lost her reputation?'

L: 'Yes, I think the school has lost her reputation, as students focus only on studying today. I think students should strike a balance between playing and studying.'

R: 'Why do you want to be a reporter now?'

L: 'I want to be a reporter since I don't like to stay at

the office. I like to go everywhere while I am working. Therefore, being a reporter is suitable for me.'

K: 'Me too. I also like to go everywhere when I am working.'

R: 'You have been a reporter for a certain period of times. Which piece of news do you think is the most interesting?'

L: 'I don't have any idea of the most interesting news since I have come across plenty of incidents such as Liverpool's visit to Hong Kong and Real Madrid's visit. However, whenever there is news, although the condition may be unexpected, I can do it successfully because I can exercise my discretion when problems arise. Also, students should use this method whenever they have difficulties.'

R: 'Thank you very much for your useful advice to our students. I hope students will make use of your good advice.'

梁 sir 訪問

今年我校來了一位新的體育科老師 Mr. CT Leung, 他是替代上學期退休的袁老師。我們與梁 sir 作了以下訪問。

問: 請問你在哪裡畢業? 修讀哪一科呢?

答: 中文大學, 體育運動科畢業。

問: 請問你有甚麼嗜好呢?

答: 籃球。

問: 請問在任教本校前有沒有工作經驗呢?

答: 有 4 年教學經驗。

問: 為何選擇在 CSK 教書呢?

答: 因為 CSK 運動氣氛良好。

問: 那麼請問梁 sir 任教甚麼科目?

答: 數學及 P.E.。

問: 在教學時有否遇上甚麼困難?

答: 沒有。

問: 在 CSK 第一日上課時有否一些特別的感受?

答: 學生乖巧。

中六甲班 李進發

問: 梁 sir 對 CSK 的老師又有何感受?

答: 很願意幫助新同事。

問: 整體上, 你對 CSK 的印象如何?

答: 大家都團結。

問: 對於自己和學生, 梁 sir 有甚麼期望?

答: 希望自己教好書、打好籃球; 同學積極參與運動。

最後, 多謝梁 sir 接受我們的訪問。祝梁 sir 教學愉快。



"I can exercise my discretion when problems arise. Also, students should use this method whenever they have difficulties."



班際中文辯論比賽

一年一度的班際辯論比賽終於在十二月二十日完滿結束。高級組的辯題為「不知者應不罪」，正方為七乙班，反方為五甲班。

中七的班別能晉身決賽實屬難得。比賽一開始，七乙班把自己經驗豐富的優點發揮出來，主辯解釋題目恰到好處。其實，「不知者不罪」已是老生常談，可是到反方發言時，五甲班同學指出不知者其實自己是知道的，這一點似乎又令雙方再次打成平手。到了第二副辯發言時，雙方以大量的

例子來證明自己的立場，企圖以此來壓制對手，可是兩方仍然爭持不下。到了第三副辯發言時，兩方攻防戰正式開始，比賽也終於到了高潮。正方的第三副辯對反方的說法不停作出反駁，甚至在結尾時質詢，務求給予對手致命一擊，縱使中五的同學經驗較少，比賽時難免顯得較為緊張，可是反方同學也順利把對方的攻擊一一化解，甚至作出還擊，提出質詢。

今年的辯論比賽由於時間緊逼，中文學會除去了

自由辯論環節，於是在一場激戰過後，比賽便到了最後一幕——結辯。此時，雙方也停止了攻勢，反而努力鞏固自己的論點。縱使雙方少了攻勢，禮堂緊張的氣氛並未因此而緩和下來，大家都期待著最後一刻。最後，終於由經驗豐富的七乙班贏得冠軍。



鄧豪達老師專訪

鄧豪達老師在我校任教多年，我們不久前為他做了一個專訪，讓我們對他的教學技巧等各方面有更深入的認識。

對於他教導學生的主要路向，其實並不是著重於傳授書本的知識，而是幫助學生挪開成長的障礙物，解決他們的問題或是減輕學生在公開考試的困難。於是他便教授我們成長的道理，並從不同的例子、方式去告訴學生，而當中可能包括他的親身體驗。他認為，道理是「活」的，並會不斷累積，所以他每次教授學生的道理亦會不同。而且他覺得現時的教育模式是操練多於教育，其實應給予學生時間、地方進行活動，學習四周的事物。鄧老師又提出，他的

教學準則是關心學生，而且並不只是關心同學的成績，他也會通過同學的成績、成長加上各樣的課外活動去關心了解學生，並透過家長日與家長探討有關他們子女的問題。

當中，我們也談論過學校多年來的轉變：有好的，也有壞的。其中有隨着社會的風氣、政權、權利等而進步，而當中他也對學校的人事有深刻的回憶，好像最近校監在校內巡堂，對學生的要求增加等。他也很高興見到畢業學生，寫信給母校，分享以前的往事之餘，也關心師弟的未來，他覺得這是各老師的成果，而且他們是真正知道、活用各老師所教導的人生道理。

鄧 Sir 金句：念得清

中四戊班 趙崇毅 盧德聰

楚，認不得真。

我也認為凡事開始前，先要有清楚的觀念，才可進行。

另外，鄧老師的太太剛於去年十一月誕下一名九磅多重的男嬰。鄧老師當然十分高興，他為兒子取名「旨逕」：「旨」字的意思是直接，而「逕」字有美好的意思。一般人都認為老師對自己的孩子都抱有極大的期望，所以會對孩子管教得比較嚴，但事實並非如此，鄧老師只求旨逕平衡發展，快樂成長。在此，我們祝願鄧老師的孩子身體健康，快高長大。

“道理是「活」的，
並會不斷累積。”



瑞祺之星

中六乙班 劉狄峰

王星先生是我校 1998 年的中七畢業生，現為一位律師。他更曾經擔任我校辯論隊的成員。在班際辯論比賽中擔任比賽評判。

R:訪問員 W:王星

R:首先非常感謝王星先生接受我的訪問。請問王星先生你當初為何會選擇律師一職呢?

W:在中六的時候，我有幸能加入辯論隊，在比賽過程中，我更能認識自己的長處。再加上得到一些當律師的師兄的影響及鼓勵，於是我便決定晉身法律界。

R:那辯論對你影響也頗大哩! 你剛擔任完我們的評判，那你認為我校辯論隊的質素如何?

W:其實，我覺得我校辯論隊的質素的確有點退步了。但我不認為這是由於現今同學們的資質比以往的差。我相信退步的原因可能是同學們還未發掘到辯論的樂趣，再加上現在的學生有很多活動，所以投放在鑽研辯論的時間相對少了。不過，根據我的觀察，我校並不缺乏辯論的人才。同學只須多加努力及訓練，必能成為出色的辯論家。

R:原來如此。那請問王先生在 CSK 有什麼難忘的回憶?

W:很多哩! 最難忘的可算是參加了辯論比賽。其實在中五之前我是沒有參加過辯論的，在中五時也是因為班內人手不足，我才參加了總決賽，協助我班拿了冠軍。升上中六後，康 sir 便鼓勵我參加校際辯論比賽。在經過老師的訓練後，我們贏了一場又一場的比賽。當時，中一至中七的同學及老師也到場支持我們，令我感受到 CSK 的團結精神。那年我們還拿了「團結精神大獎」呢!



康老師與舊生王星的合照

R:你覺得 CSK 的學生和以往的有何分別?

W:分別很大哩! 首先，現在的學生大多參加很多活動，以前的學生主要都是讀書與運動，也沒有現在那麼多姿多采的生活。由於我在十二月有幾天假期，所以我在學校代了幾天課。我發覺同學們在資質方面也很不錯，並沒有很大的改變，但以前的學生比現在的同學更懂得怎去尊重別人。以前

的校規也沒有現在那樣嚴格，不知道是否因為現在的學生比較頑皮。

R:最後一條問題，你對 CSK 或 CSK 的學生有何展望或忠告呢?

W:我希望同學能培養對學校的歸屬感，因為歸屬感對學習是有很大的幫助。老實說，中學的階段真的很短，只有五年或七年。大學的模式和中學的有很大分別，所以最開心的回憶一般都是在中學時期的。你最好的朋友和最尊敬的師長也是在中學裡找到。所以各同學應該在課本上好好學習，在學校裡認識知心的朋友，最重要的是懂得尊敬老師。

R:好了。最後再次感謝王星先生接受我的訪問!

在訪問完王星先生後，我相信只能用「真」字來形容他，他給我的第一個印象是才高八斗，訪問完畢後我便發覺他十分平易近人。希望大家能從這篇文章得到一點啟發!

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Words From the Editor

Time passes by with no brakes. The final examination is approaching. That means this academic year is going to end. The most exciting thing of this year, of course, was the promotion of the school athletics team. I hope they would do even better next year. We'll continue to give them full support.

This is the third and the last issue of this year's newsletter. I hope you will enjoy it.

CHAN NE XUN (6A)

SPECIAL POINTS OF INTEREST

- CSK — Promoted to Division One
- Visitors from primary schools
- 老師們看的書

INSIDE THIS ISSUE:

Glory Glory CSK	1
Primary School Reception Day	2
老師推介圖書	3
Learn Web From Webs	4

Glory Glory CSK — Inter-School Athletic Meets 中六甲班 李進發

我校田徑隊終於重回 DIVISION ONE。提起校際田徑賽，陳瑞祺(喇沙)書院絕對是戰績彪炳，在眾多學生及老師的努力下，我校田徑隊曾經無數次在比賽場地高舉獎盃。可惜由於未能發揮水準，我校田徑隊在兩年前經歷了第一次降班。不幸的是，同學們去屆的奮戰始終未能帶領田徑隊重上第一組別。

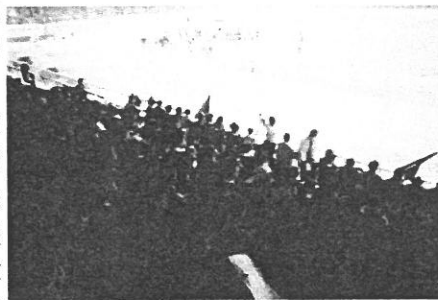
升級的夢想在今年終於達成了，但我們贏得絕不輕鬆：在三天的比賽中，有很多的項目，像短跑、跳遠等，成績均未如理想，所以我校長跑、接力及其他項目的代表肩負的責任就更加沈重了。我校最終能返敗為勝，實有賴參賽同學能妥善處理壓力及學校全體師生的鼎力支持。

在首日的比賽中，我校其實是頗佔上風的，因為我們都成功進入很多項目的準決賽，包括我校傳統強項——長跑；不過，因為跳高一類講求騰空力的項目都稍為不及對手，所以在積分榜上仍以數分之微屈居第三。不但如此，其他落後的友校磨拳擦掌，以在準決賽中收復失地，爭持可謂相當激烈。

到了數天後的複賽，我校跟第一天的比賽一樣，派出了中六同學為領導，帶領小師弟在看台上吶喊助威。開賽初段，我校的隊員均已竭盡全力作賽，視進入決賽為當天的最高目標。可惜因

很多參賽同學都抱恙上陣，故未能發揮最佳水準。因此大部分項目都與小組第一名失諸交臂。無論如何，在同學的力爭下，乙組100米跑及乙組和丙組4x100米接力賽都能以小組第一名的姿態晉身決賽，而大部分的項目我校都以優異成績躋身決賽。賽後我們得悉一個喜出望外的消息，我校經過準決賽後，在積分榜上已名列第二，換言之，只要在決賽當天一鼓作氣，升級便十拿九穩了。

在最後一天的決賽，同學們都抖擻精神到達灣仔運動場。中六的同學一如既往，帶領著中三同學為我校健兒打氣助威。看台



上的紅旗飄揚；吶喊聲此起彼落，表現出 CSK 一貫的團結精神。不過台下的參賽同學可能心理包袱太大，結果上午的比賽成績強差人意，但這反為下參賽的同學產生激勵的作用。午飯過後，其他班級的同學及老師陸續趕到運動館，看台上的人數漸漸增多；打氣的聲音更加響亮，運動員的鬥志越發旺盛，務求在接力賽中積極爭取分數，力圖反壓

第二名的胡兆熾中學升級。在同學吶喊聲的陪同下，接力隊的隊員忘卻一切，勇往直前，終在甲乙丙組的4x400米賽事進入三甲之內。全場同學均極為興奮，為勝利振臂高



呼，歡呼聲直上雲霄，響遍全場。

接力賽事的結束表示了為期三天的比賽正式完滿結束，我校在奮戰下，最終以十一分反壓胡兆熾中學升上第二名，符合升級資格。順帶一提，我校僅落後第一名的培正中學兩分，遠較原先估計的十數分為少。今屆各校田徑隊擁有不俗的實力，更顯出我校要付出極大的努力才能升級，故此同學們都表現得歡喜若狂，掌聲連綿不絕，台下的運動員甚至把隊長及各體育老師拋上半空以示慶祝呢！

我校成功升上第一組別作賽，確是一件同學們值得驕傲的事。但願同學能學習運動員的拚搏精神，於學習上、工作上皆全力以赴，永不言敗。CSK 因你而驕傲，As the Reds Go Marching ON! ON! ON!

老師推介圖書

中六乙班 劉狄峰

Mr. MH Chung 推介：
最後的貴族



作者：章詒和
出版社：牛津
出版年份：2004 年
簡介：作者以六個故事，八個人物，分別詳述他們在反右時期的不同遭遇，用以獻給天國上的父母。此書記錄了政治如何扭曲人生，畢竟政治是殘酷的。

“地球其實不需要保護，需要保護的其實是人類自己。”

Mr. HT Tang 推介：
中國農民調查



作者：陳桂棣
出版社：人民文學出版社
出版年份：2004
簡介：作者歷時三載，跑遍安徽鄉村深入調查，訪問了一批有識之士、專家教授、黨政要員，反映了農民負擔過重，展現了農村稅費改革

艱難曲折過程。

Ms. MY Lau

1. 西遊記趣談飲食生活文化
作者：施連方 / 施楓
出版社：中國物質出版社
簡介：作者以西遊記與現實生活互相融合，引伸出中國的飲食，生活和文化。生動有趣、引人入勝，令人印象深刻。

2. 天主的慈愛



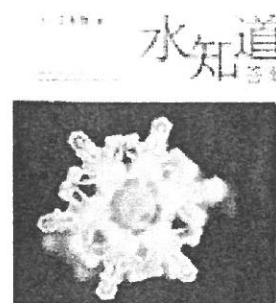
作者：TAIZE
譯者：李素素
出版：光啓
簡介：一本教人思考的書，遠多於討論經文，作者以聖經章節，譯經及反省題目三部分，教導人們要專注聆聽，更說明了我們不應對天主的愛存有懷疑。

Ms. YY Kwan 推介：
中國陋習—兩千年國粹流行史



作者：徐鳳文 / 王昆江
出版社：實學社出版股份有限公司
出版年份：2003
簡介：詳盡記錄了中國一些傳統陋習，如纏足、娶童養媳等。再視以中國史實和作者親切的文筆，趣味極高。而且，我相信讀完這書後必對中文有所得益。

Ms KY Leung 推介：
水知道答案



作者：江本勝
出版社：南海出版公司
出版年份：2004
簡介：原來水也有生命！根據研究，水在經過讚美後會變得美麗。作者透過些發現說明每件事物皆有靈性。地球其實不需要保護，需要保護的其實是人類自己。

同學如對以上書本有興趣，可向老師借閱。



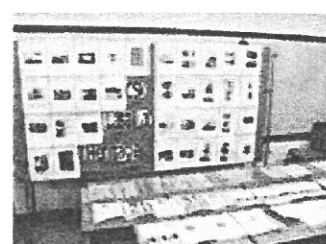
Reception Day for Primary School Visitors on 26 February 2005

Visitors from various primary schools of Kowloon City District visited our school on 26 February 2005. The visit was organized by the Union of the Kowloon City District Parent-Teacher Associations. With the help of some parents, old boys and students, we prepared an exhibition to demonstrate to the visitors the strengths of our school. In order to evaluate the reception day for school improvement, the school evaluation committee conducted a survey to collect the opinions and responses from the visitors.

The results of the survey were summarized as follows:

No. of questionnaires collected :

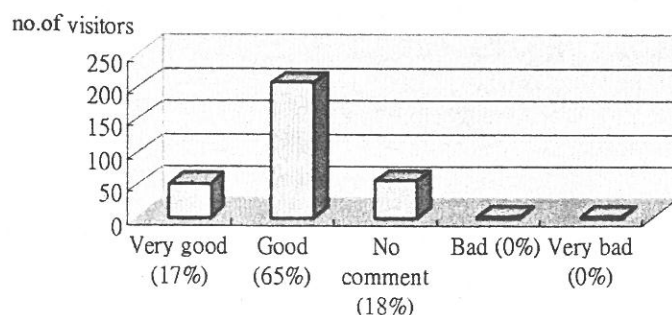
Parent	177 (54%)
Student	126 (39%)
Teacher	21 (6%)
Others	2 (1%)
Total	326



Summary of the responses:

Response Items in questionnaire	Very appropriate / Very clear / Very good	Appropriate / Clear / Good	No comment	Inappropriate / Unclear / Bad	Very inappropriate / Very unclear / Very bad
PowerPoint Presentation	56 (17%)	226 (70%)	41 (13%)	0 (0%)	1 (0%)
Display Boards in the Covered Playground	44 (14%)	191 (60%)	78 (24%)	5 (<2%)	3 (<1%)
Exhibition in Special Room (G11/G12)	27 (9%)	167 (54%)	110 (36%)	3 (<1%)	3 (<1%)
Canteen	43 (14%)	107 (36%)	149 (49%)	2 (1%)	1 (0%)
School Administration & De- velopment Plan	21 (7%)	204 (64%)	77 (24%)	17 (5%)	1 (0%)
Moral & Civil Education	37 (12%)	177 (55%)	89 (28%)	16 (5%)	0 (0%)
Sports & Extracurricular Ac- tivities	55 (17%)	180 (56%)	76 (24%)	9 (3%)	2 (<1%)
Student Counselling & Career Guidance	37 (12%)	159 (50%)	101 (32%)	21 (6%)	2 (<1%)
Overall Impression of our school after visit	52 (17%)	205 (65%)	56 (18%)	1 (0%)	1 (0%)

The Overall Impression of Visitors to our School



Over 82% of visitors felt that our school was good and an average of over 67% of visitors felt that the exhibition was clear and appropriate. It was concluded that the reception day was a great success.

LEARN THE WEB FROM WEBS

Wong Lok Tin 6B

Nowadays, there are many ways for people to learn how to make websites. Most people think that learning from books is the fastest and easiest way. It is true, but here, I would like to give an alternative way, which is to "learn the web from webs".

There are 2 main ways to make a website nowadays. The most popular way is making a website by webpage editing software such as FrontPage and Dreamweaver. However, I want to introduce another way-writing html.

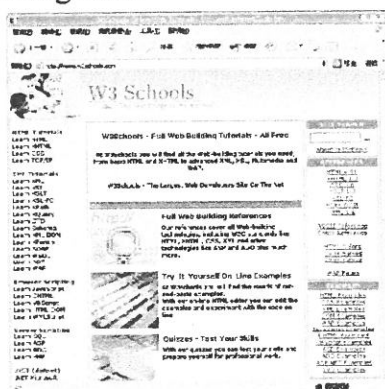


HTML 互動教室

<http://www.html.com.hk/>

This website is mainly about html. It is easier for you to understand since it is Chinese. Although you are required to register as a member of the website, it

is worth doing. It will teach you most of the basic concepts and some commands for making a website. There are also some exercises after each chapter to determine how much you have learnt. Moreover, there are some collections of pictures which are useful when you make your website. Also, after you apply to be a member of the website, you will be given an email account. Last but not less, the website has a forum where you can ask questions about html and seek help. So I would recommend you to visit this website before you begin learning html.

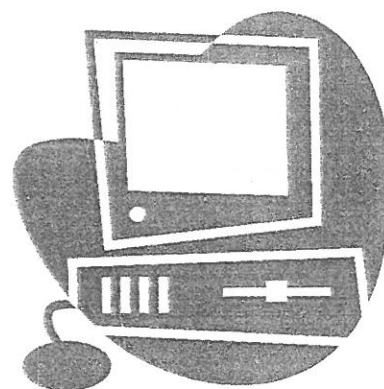


W3Schools Online

<http://www.w3schools.com>

It is easy to know what this website is about by reading from its name. It has a lot of informa-

tion about different web-making languages, for example, html, asp, php, xml, java, etc. Also, it has a Tryit Editor which you can test your code before inserting them into your web page. In fact, it looks like an index of the web languages rather than a tutorial website. It may not give you a full tutorial, but it talks about many different languages and the Tryit editor, it will be useful for all of you.



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