

陳瑞祺(喇沙)書院
九龍何文田常和街四號
電話：二七一-八一七五
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CHAN SUI KI (LA SALLE) COLLEGE
4 SHEUNG WO STREET, HOMANTIN,
KOWLOON, HONG KONG.
TEL : 27118175
FAX : 27621550

2nd March 2026

Circular No. 25074

Dear Parents/Guardians,

Parent-Child Adventure Training

To promote home-school collaboration and advocate a healthy lifestyle, our school will organize a Parent-Child Adventure Training. We sincerely invite parents to participate together with their children. Through this adventure training, participants will build trust, enhance communication and cooperation skills, and strengthen parent-child interaction.

Highlights

- ✓ Enhance parents' communication and stress-management skills, enabling them to understand the challenges and difficulties their children face from a new perspective; break down barriers to foster an encouraging, supportive, and harmonious atmosphere.
- ✓ Help parents better understand their influence on their children.
- ✓ Emphasize respect, equality, and interaction to promote positive thinking and self-worth.
- ✓ Enable children to learn appropriate attitudes and respect towards their parents, as well as the importance of listening.
- ✓ Build mutual trust and help everyone experience the importance of fulfilling responsibilities within a team.

Event Details

Date: 28th March 2026 (Saturday)

Time: 2:00 p.m. to 5:00 p.m.

Venue: School Playground

Target: Students and parents

Quota: 30 pairs of parent and child

Fee: Free of charge

Note: Equipment will be provided on-site; parents are advised to wear comfortable sports attire. If there are too many applicants, the participating list will be decided by a draw. Selected participants will receive further notice.

Parents should reply to this circular via e-class by **10th March 2026 (Tuesday)**. If you have any inquiries, please contact Mr. W. L. Yeung at 2711 8175.

Together, let's empower our children's healthy growth! We look forward to sharing an energetic and fulfilling time with you!

Yours faithfully,

Lee Po Chu, Fiona
Principal

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通告編號：25074

敬啟者：

「親子歷奇訓練」

為促進家校共育，宣導健康生活理念，本校將舉辦「親子歷奇訓練」，現誠邀家長共同參與，通過親子歷奇訓練讓彼此間建立信任，有助加強大家的表達技巧、溝通及合作，同時增進親子互動。歡迎家長報名參加！

活動亮點

- ✓ 加強家長的溝通能力和處理壓力的能力，從新的角度去了解子女所面對的挑戰和問題；衝破隔膜，建立支持鼓勵及和諧共融氣氛。
- ✓ 提升家長瞭解自己對子女的影響力。
- ✓ 著重以尊重、平等、互動，提升個人正面思維及自我價值觀。
- ✓ 讓子女學習對父母的應有態度及尊重，學習聆聽。
- ✓ 提升彼此之間的信賴，體會個人在團隊中履行職責的重要性。

活動詳情

日期：2026年3月28日（星期六）

時間：下午 2:00 - 5:00

地點：學校操場

對象：本校學生和家長

名額：30 對親子

費用：全免

註：現場提供歷奇道具，請家長穿著輕便運動服裝。如報名人數眾多，將會以抽籤形式決定。參加者將會再收到個別通知。

有意參加的家長請於 eClass 內回覆，截止報名日期為 2026 年 3 月 10 日（星期二）。如有問題，請致電學校 2711 8175 向楊宏亮主任查詢。

家校攜手，為孩子的健康成長賦能！期待與您共度一段活力充實的時光！

此致
中一至中五級家長

陳瑞祺（喇沙）書院校長
李寶珠 啟

二〇二六年三月二日