

陳瑞祺(喇沙)書院
九龍何文田常和街四號
電話：二七一一八一七五
傳真：二七六二一五五零



CHAN SUI KI (LA SALLE) COLLEGE
4 SHEUNG WO STREET, HOMANTIN,
KOWLOON, HONG KONG.
TEL : 27118175
FAX : 27621550

6th October 2021

Circular No. 21011

Dear Parents/ Guardians,

‘Let’s Chat’ Robert Ho Family Harmonization Project

Student Support Team and Guidance & Counseling Section are going to run a parent workshop (5-day workshop) called ‘Let’s Chat’ Robert Ho Family Harmonization Project. The workshop is funded by The Robert H. N. Ho Family Foundation and supported by the University of Hong Kong. Parents can recognize the physical and psychological needs of their children in puberty, look into the mode and influence of family conflicts, learn how to deal with the negative emotions of children and themselves, and explore resources to rewrite their family stories. This workshop is based on Narrative Therapy to promote parent education and establish a harmonious family relationship. Parents with over 80% of attendance rate will receive a certificate from the University of Hong Kong, and the participating family will receive a \$800 Deliveroo meal voucher donated by The Robert H. N. Ho Family Foundation. Hope that the family can enjoy a meal together. Details are as follows:

Date: 30/10 , 6/11 , 13/11 , 20/11 , 27/11
5 consecutive Saturdays starting from 30/10
Time: 3:00 p.m. to 5:00 p.m.
Venue: Room 201
Fee: Free of charge
Quota: 6-8 persons

*Attendance rate must be 80% or above. Priority will be given to the participants who promise to attend all the 5 sessions.

*Successful applicants will receive further notice.

For parents who are interested to join the workshop, please fill in the e-form by clicking the link <https://forms.office.com/r/tpU8e2DXgm> or scan the QR code below on or before 15th October 2021. If you have any questions, please contact Mrs. A Lau at 27118175. Thank you for your attention.

Yours faithfully,

Lee Ting Leung
Principal



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通告編號：21011

敬啟者：

「有計傾」促進家庭和諧家長工作坊

本校學生支援組和輔導組將合辦「有計傾」促進家庭和諧家長工作坊，是次計劃由香港大學策劃支援，何鴻毅家族基金贊助。家長可以認識青春期子女的生理和心理需要、檢視家庭衝突的模式及影響、學習梳理自己和子女的負面情緒，並發掘潛在的資源去重寫家庭故事。此工作坊以敘事治療為本，以提升親職能力，建立和諧共處的家庭關係。出席率達八成以上的家長將獲香港大學頒發的「參與證書」，同時每個參加的家庭可獲何鴻毅家族基金贊助的八百元 Deliveroo 餐券，希望一家人可以共享晚宴。有關活動詳情如下：

活動日期：二〇二一年十月三十日起連續五個星期六
(30/10, 6/11, 13/11, 20/11, 27/11)
時間：下午三時至五時（每節二小時）
活動地點：學校二〇一室
費用：全免
名額：6-8 人

*出席率必須為八成或以上，能承諾出席全部五節工作坊的家長優先

*成功報名者將會收到另行通知

有興趣參加的家長請於十月十五日或之前透過以下二維碼/連結進行網上報名。如有任何查詢請與劉楊美芳老師聯絡（電話：2711 8175）。



報名連結：<https://forms.office.com/r/tpU8e2DXgm>

此致

各家長



陳瑞祺（喇沙）書院校長
李丁亮 啟

二〇二一年十月六日